



**MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharmahavidyalaya.ac.in](http://www.mugberiagangadharmahavidyalaya.ac.in)

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Report on

# **Student Exchange Program**

*Between*

**Bajkul Milani Mahavidyalaya**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date- 11.05.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

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Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya

**Student Exchange Program** are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

## Student Exchange Program

Guest- Bajkul Milani Mahavidyalaya (No. of student participants – 20)  
Host- Mugberia Gangadhar Mahavidyalaya

### 1. MOU between Mugberia Gangadhar Mahavidyalaya and Bajkul Milani Mahavidyalaya



पश्चिम बंगाल WEST BENGAL

AF 706905

#### MEMORANDUM OF UNDERSTANDING

The Memorandum of Understanding (MOU) made at Mugberia, Purba Medinipur on the 26<sup>th</sup> day of February, year 2023, between Mugberia Gangadhar Mahavidyalaya of Bhupatinagar, Purba Medinipur, Pin-721425 W.B. here after referred to as 'The College' and the Academic Partner – Bajkul Milani Mahavidyalaya, Bajkul, Purba Medinipur, Pin 721655, West Bengal here after referred to as 'Academic Partner' in regard to conducting Teachers exchange, Academic exchange, students exchange, visit of laboratory, use of Laboratory facilities, sports facilities for better exposure of both the teachers and the students in between two colleges. Besides these, various programmes like IQAC, NAAC accreditation, IIC, NCTE, NIRF and other academic programmes so on and so forth will also carry out by both the institutes in both the colleges under this MOU. The Academic Partner and the college both shall avail the Class rooms, Laboratories and other facilities of both the Colleges for conducting the above programme which is herewith signed and sealed.

#### The terms and conditions for the same as agreed upon is as follows.

- Both the colleges shall take the responsibility for conducting the above mentioned programmes at their campus. Both the colleges shall provide the entire necessary infrastructure viz. class rooms, computer laboratories, high speed internet connection/wi-fi and necessary furniture, proper seating arrangements, electricity along with generator facility and other students' amenities as required for the smooth conducting of the programmes.

Contd. ....P/2



Page:2

- The college and academic partner shall be responsible for conducting the programmes till the end of the aforesaid programmes in scheduled time in a proper manner and in no manner left incomplete or harm the interest of the students and institute.
- Both the colleges will provide the details programme structure along with design, content, title of the programme, number of participants, number of speakers etc as per the requirement before the commencement of the scheduled dates.
- Both the colleges will help each other in every aspects of the academic fraternity
- Both the college shall pay all the necessary payments for its service rendered for conducting of the above mentioned programmes
- The agreement shall commence with effect from 26.02.2023 and will be valid up to 25.02.28 or five years
- The Memorandum of Understanding (MOU) shall be executed in duplicate, The College shall retain the original and Academic Partner, the duplicate.

IN WITNESS WHEREOF the parties hereto have affixed their signatures on the day, month and year first above written in the presence of:

Signature of Witness:

A. Apurba Giri 26.02.2023

B. Monalisa Roy 26.02.2023

Signature of the Principal  
Mugberia Gangadhar Mahavidyalaya  
Principal  
Mugberia Gangadhar Mahavidyalaya

Signature of the Principal/TIC  
Bajkul Milani Mahavidyalaya  
Teacher-in-charge  
Bajkul Milani Mahavidyalaya  
P.O.- Kismat Bajkul  
Dist.- Purba Medinipur



### 2. Invitation to Bajkul Milani Mahavidyalaya to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya

5/27/23, 1:37 PM

Welcome to Rediffmail: Inbox

rediffmail

Mailbox of mugberia\_college

Subject: Proposal for one day lab visit with demonstration of some practical and career counseling programme under student exchange program of NAAC (3.5.1)

From: Swapan Mishra<mugberia\_college@rediffmail.com> on Thu, 06 Apr 2023 13:05:00

To: "bajkul\_college"<bajkul\_college@rediffmail.com>

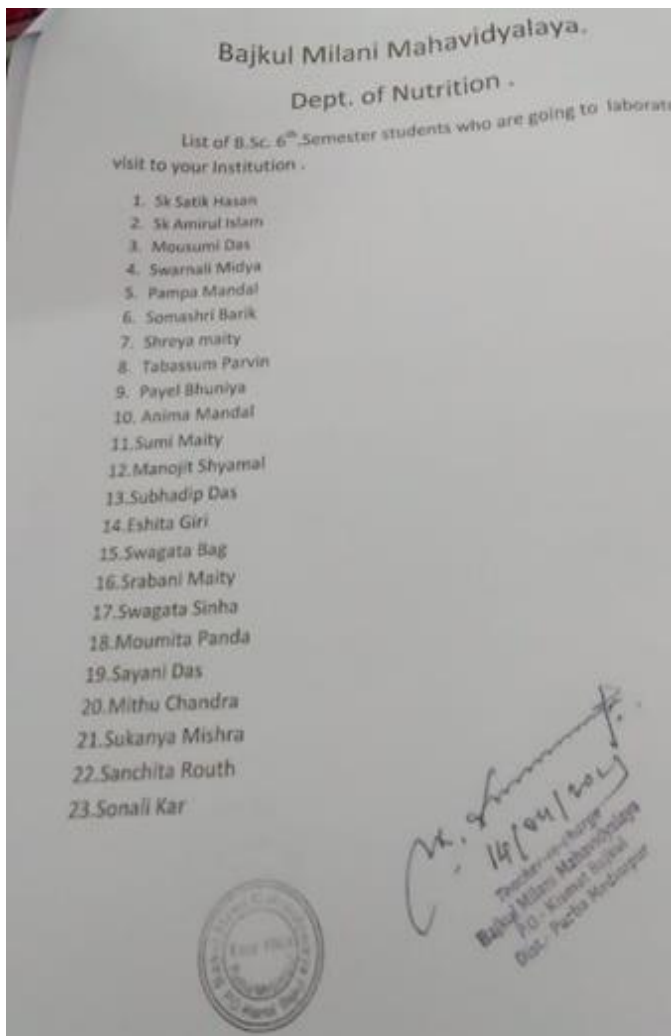
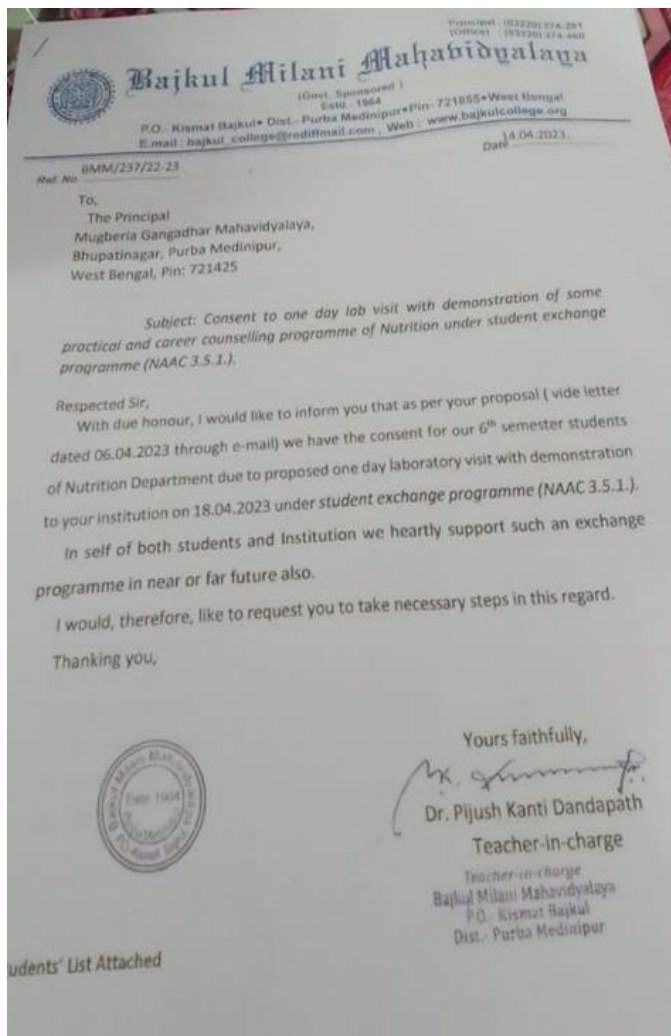
Cc: "apurbabandri"<apurbabandri@gmail.com>

1 attachment(s) - DocScanner\_06-Apr-2023\_12-52\_pm.pdf (739.04KB)

Sir,

With reference to the MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Bajkul Milani Mahavidyalaya dated 26.02.2023, our Institution Mugberia Gangadhar Mahavidyalaya would like to propose a student exchange program in Dept. of Nutrition under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) on 13<sup>th</sup> April, 2023 at 10:00 am. We are cordially inviting 6<sup>th</sup> Sem. students of Nutrition (Honours) and one Faculty member from the same Department of your college for the one day lab visit with demonstration of some practical under student exchange program of NAAC (3.5.1). In this program students will experience with few practical from the domains of Nutrition, Physiology, Microbiology and Food Technology. Besides a career counseling programme will be arranged for the benefit of the final year students. Consent from you in this regard is expected at the earliest.

Thanking You  
With Regards  
Dr. Swapan Kumar Misra  
Principal  
Mugberia Gangadhar Mahavidyalaya  
NAAC accredited (3rd Cycle) Institution  
A College with Potential for Excellence (CPE)  
DBT Star College Award recipient  
Bhupatinagar, Purba Medinipur, 721425  
website : [www.mugberiangangadharMahavidyalaya.org](http://www.mugberiangangadharMahavidyalaya.org)



### 3. Program on the day

#### A. Department visit

#### B. Welcome Address by Principal

#### C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

#### D. Career counseling program



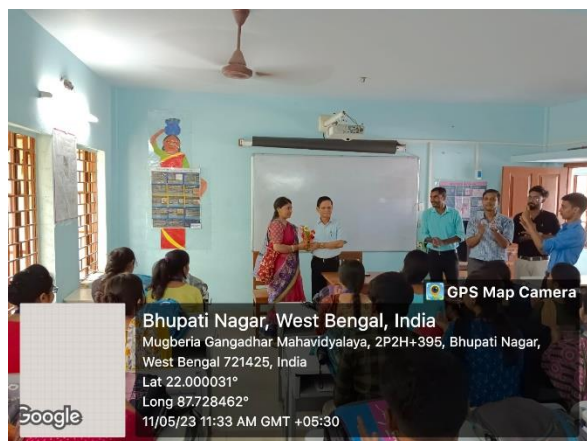
Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

## Some photos of student exchange program



Welcome to teacher and students of Bajkul Milani Mahavidyaya



Welcome speech by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Determination of minerals content by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Jam preparation and demonstration speech by Biswajit Das, Scholar, Dept. of Nutrition

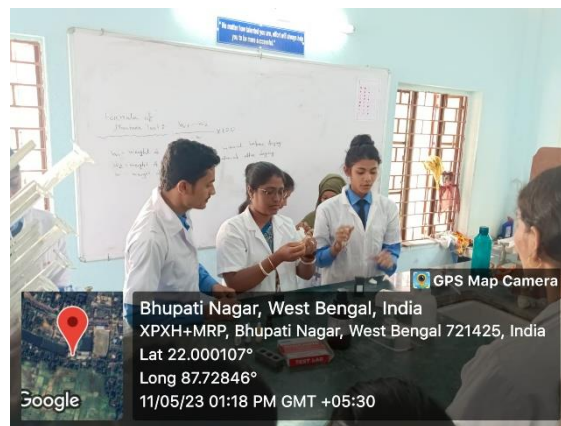


Demonstration of refractometer to find out TSS content, by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition, MGM





Estimation of microbial count of food sample by Sucheta Sahoo and Sruti Mandal, Assistant Professor, Dept. of Nutrition



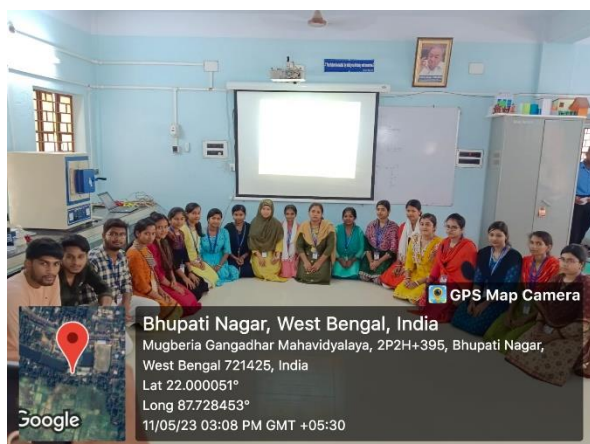
Hemoglobin testing and blood group determination by Moumita Samanta, Assistant Professor, Dept. of Nutrition



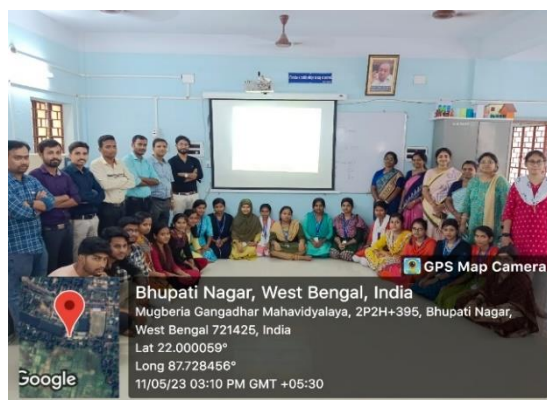
Determination of moisture and Demonstration of Hot air oven by Ayan Mondal, Assistant Professor, Dept. of Nutrition



Career counselling program speech by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Group photo of visited students (Bajkul Milani Mahavidyalaya) in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



Group photo of visited students (Bajkul Milani Mahavidyalaya) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya

## 4. Attendance of participated students

Sl. No	Name	WhatsApp No	Email ID	Guardians Name and Contact No	Address	Signature
1	Manojit Bhargava	0641385819	manojitbhargava@gmail.com	Manojit Bhargava Ph - 0899442855	Vill + P.O. - Halabarna, P.S. - Khejuri, Pin - 721422	Manojit Bhargava
2	Suagata Bag	9367027387	suagatabag180@gmail.com	Suagata Bag Ph - 9367117830	Vill - Sandul, P.O. - Mahanad, P.S. - Bhogpur, Pin - 721601	Suagata Bag
3	Sayani Das	9679869566	sayani@gmail.com	Sayani Das Ph - 9749584834	Vill - Gargam, P.O. - Boudh, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	Sayani Das
4	Ekshita Guin	96797932720	ekshita2009@gmail.com	Kankar Kumar Guin Ph - 9609039209	Vill - D. Belkela, P.O. - Uttarakhand, P.S. - Khejuri, Pin - 721430	Ekshita Guin
5	Sonalika	7029463079	Sonalika8585@gmail.com	Sammadh Kan Ph - 935682258	Vill + P.O. - Suknallapur, P.S. - Bhogpur, Pin - 721601	Sonalika
6	Sanchita Routh	949170959	sanchitarouth@gmail.com	Sudhansu Routh Ph - 9384613918	Vill + P.O. - Gargam, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	Sanchita Routh
7	Moumita Panda	7718584519	moumitapanda18@gmail.com	Manjushree Panda Ph - 845248368	Vill + P.O. - Mahanad, P.S. - Bhogpur, Pin - 721601	Moumita Panda
8	Sukanya Mishra	7719296279	mishra.sukanya321@gmail.com	Naba Kumar Mishra Ph - 9732617068	Vill + P.O. - Purnasampur, P.S. - Chandi, Pin - 721633	Sukanya Mishra
9	Suagata Sinha	7866870711	Suagatasinha02@gmail.com	Gourab Sinha Ph - 7787314923	Vill - Dampur, P.O. - Mahanad, P.S. - Bhogpur, Pin - 721601	Suagata Sinha
10	Somachari Barik	9883181585	SomachariBarik1317@gmail.com	Sunil Barik Ph - 0775849562	Vill - Gopinathpur, P.S. - Chandi, Pin - 721659	Somachari Barik
11	Shreya Maity	7585895670	shreya.maity20@gmail.com	Subin Maity Ph - 9732168396	Vill - Kotebani, P.O. - Uthar, P.S. - Bhogpur, Pin - 721601	Shreya Maity
12	Subhadra Das	9733513935	subhadra101@gmail.com	Subhadra Das Ph - 9733536233	Vill - Kutha, P.O. - Boudh, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	Subhadra Das
13	Tobiasum Kurin	8394438280	tobiasumkurin@gmail.com	Tobiasum Kurin Ph - 9732593870	Vill - Chirchik, P.O. - Chandi, P.S. - Bhogpur, Pin - 721601	Tobiasum Kurin
14	Pokey Bhumiya	7029471743	bhumiyaPokey@gmail.com	Pokey Bhumiya Ph - 9732593870	Vill - Boudh, P.O. - Boudh, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	Pokey Bhumiya
15	Smakani Maity	7679854550	smakaniMaity@gmail.com	Sukumar Maity Ph - 964830233	Vill - Tachibani, P.O. - Chandi, P.S. - Bhogpur, Pin - 721601	Smakani Maity
16	SK Saifur Hasan	869292918	sksaifurhasan@gmail.com	SK Saifur Hasan Ph - 982232915	Vill - Kutha, P.O. - Boudh, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	SK Saifur Hasan
17	Anima Mandal	9680424061	animamandal@gmail.com	Bholanath Mandal Ph - 9874434820	Vill - Gopinathpur, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	Anima Mandal
18	Pampa Mandal	9893136146	pm022037@gmail.com	Rauhal Mandal Ph - 7718138563	Vill - Uthar, P.O. - Chandi, P.S. - Bhogpur, Pin - 721601	Pampa Mandal
19	Mousumi Das	8670795970	2001mousumidas@gmail.com	Rin Kati Das Ph - 9732593870	Vill - Boudh, P.O. - Boudh, P.S. - Chandi, Dist. Purba Medinipur, Pin - 721659	Mousumi Das
20	Suvarnali Midya	7029670292	suvarnalmidya@gmail.com	Suvarnali Midya Ph - 9732593870	Vill + P.O. - Khatambari, P.S. - Bhogpur, Dist. Purba Medinipur, Pin - 721601	Suvarnali Midya
Teacher	Sushritha Das	9444599877	sushritha9974@gmail.com			Sushritha Das



## 5. Feedback form

### Feedback Form

Student exchange program of NAAC (3.5.1)

One day Lab Visit to Nutrition Dept., Mugberia Gangadhar Mahavidyalaya

Full Name Payel Bhumiya

Mobile number 7029471713

College Name:

BKUL MILANI MAHAVIDYALYA

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐

Semester: 6th

A. Please answer all questions by circling one out of numbers 1 -5 against each statement.

The number 1 - 5 correspond to the statement:

- 5 - Strongly agree
- 4 - Agree
- 3 - Neither agree nor disagree
- 2 - Disagree
- 1 - Strongly disagree

I	The program was timely.	1	2	3	4	5 ✓
II	The program was well organized	1	2	3	4	5 ✓
III	The program was useful to strengthen practical knowledge	1	2	3	4	5 ✓
IV	Experienced some new practical	1	2	3 ✓	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5 ✓
VII	Atmosphere of the Lab	1	2	3	4	5 ✓
VIII	Atmosphere of the Department	1	2	3	4	5 ✓
IX	Atmosphere of the college	1	2	3	4	5 ✓
X	I recommend this program to be continued.	1	2	3	4	5 ✓

B. How do you evaluate your overall Visit?

☒ Very good ☐ Good ☐ Satisfactory ☐ Poor ☐ Very poor

C. State two important experiences that had been gained from the lab visit:

1. knowledge gain

D. What is your review on the session held on career counseling?

better study

E. Give some suggestions to improve the visit experience:

visit experience is very much appropriate,

Payel Bhumiya



## 6. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (Gol)]

(Affiliated to Vidyasagar University)  
Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,  
West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

From : *The Principal/Secretary*  
MugberiaGangadharMahavidyalaya

Dated: 11.05.2023

### TO WHOM IT MAY CONCERN

It is certified that as per MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Bajkul Milani Mahavidyalaya dated 26.02.2023, and invitation mail dated 06.04.2023 following twenty6th Sem. students of Nutrition (Hons) and Prof.Sutrishna Das of Dept of Nutrition, Bajkul Milani Mahavidyalaya, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAACon 11<sup>th</sup> May, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

SL No.	Name	SL No.	Name
1	Manojit Shyamal	11	Shreya Maity
2	Swagata Bag	12	Subhadip Das
3	Sayani Das	13	Tabassum Parvin
4	EshitaGiri	14	PayelBhunia
5	Sonali Kar	15	SrabaniMaity
6	SanchitaRowth	16	SkSafik Hasan
7	Moumita Panda	17	Anima Mandal
8	Sukanya Mishra	18	Pampa Mondal
9	Swagata Sinha	19	Mousumi Das
10	Somashri Barik	20	SwarnaliMidya

*Sonali Kar* 11.05.2023  
Principal

Mugberia Ganagadhar Mahavidyalaya  
*Principal*  
Mugberia Gangadhar Mahavidyalaya



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E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharmahavidyalaya.ac.in](http://www.mugberiagangadharmahavidyalaya.ac.in)

Ref. No.-MGM/ / /2022-2023

Date:- 13/07/2022

## Notice

This is to notify that department of physics and philosophy of Mugberia Gangadhar Mahavidyalaya will organize idea exchange programme among the students on 15/07/2022. Interested students of above mentioned are requested to participate in the said program.



Signature of The Principal

Dr Swapan Kumar Misra

*Principal*  
Mugberia Gangadhar Mahavidyalaya



# MUGBERIA GANGADHAR MAHAVIDYALAYA

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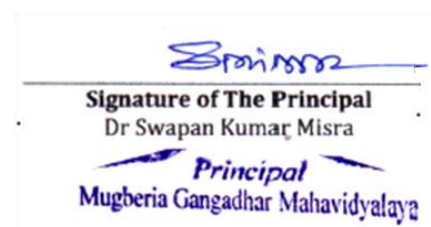
## Report of idea exchange programme among the students of Physics & Philosophy, 2022

The Department of Physics and Philosophy at Mugberia Gangadhar Mahavidyalaya organized an Idea Exchange Programme on July 15, 2022. The event aimed to foster creativity, critical thinking, and collaboration among students from different disciplines. Participants engaged in meaningful discussions and shared innovative ideas, contributing to the intellectual growth of the department. The programme was well-received, and students expressed interest in future similar events.



  
Signature of The Principal  
Dr Swapan Kumar Misra  
Principal  
Mugberia Gangadhar Mahavidyalaya







**MUGBERIA GANGADHAR MAHAVIDYALAYA**

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Report on

# **Student Exchange Program**

*Between*

**Mahishadal Raj College**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date- 22.06.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

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Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya



**Student Exchange Program** are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

# Student Exchange Program

Guest- Mahishadal Raj College (No. of students participants – 08)

Host- Mugberia Gangadhar Mahavidyalaya

## 1. Invitation to Mahishadal Raj College to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya

8/4/23, 4:02 PM

rediff.com

Rediffmail

Proposal for one day lab visit

Advanced +

Hi  
Setti

rediffmail  
get more

Become our authorized channel partner.  
Sell our enterprise email to large companies and SMEs.

Join Us



Write mail

Inbox

Bulk

Junk

Sent

Trash

Drafts

Folders

Address Book

Calendar

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Reply

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Forward

Move mail

Delete

Spam

Proposal for one day lab visit with demonstration of some practical and career counseling programme under student exchange program of NAAC (3.5.1)

From: Swapnil Mishra <mugberia\_college@rediffmail.com> on Mon, 19 Jun 2023 13:13:38

To: "Mahishadal Raj" <mrc\_md@yahoo.co.in>

Show full headers | Hide Details

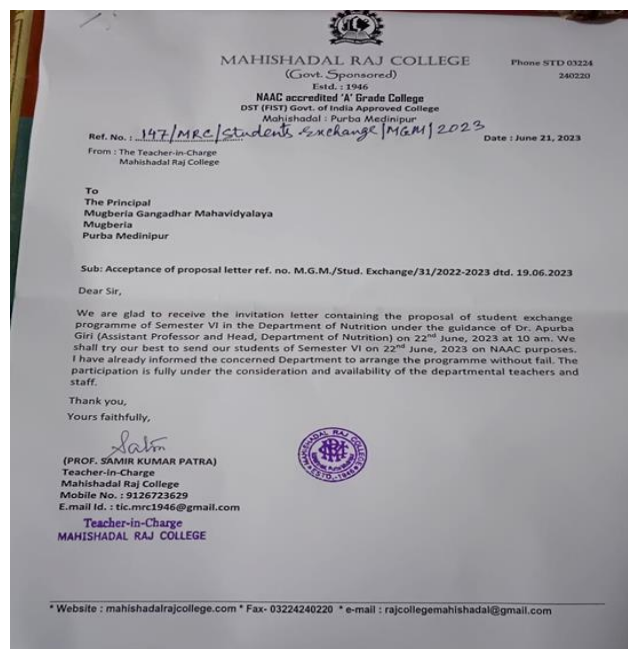
1 attachment

Mahishadal\_r  
aj\_college.p  
df

329.61 KB

Sir,  
Our Institution Mugberia Gangadhar Mahavidyalaya would like to propose a student exchange program in Dept. of Nutrition under the guidance of I (Assistant Professor & Head, Dept. of Nutrition) on 22<sup>nd</sup> June, 2023 at 10:00 am. We are cordially inviting 8<sup>th</sup> Sem. students of Nutrition (Honours) and one member from the same Department of your college for the one day lab visit with demonstration of some practical under student exchange program of NAA. This program students will experience with few practical from the domains of Nutrition, Physiology, Microbiology and Food Technology. Besides a career co programme will be arranged for the benefit of the final year students. Consent from you in this regard is expected at the earliest.

Thankyou Sir,



## 2. Program on the day

A. Department visit

B. Welcome Address by Principal

C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
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9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

D. Career counseling program

Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

## Some photos of student exchange program



Welcome speech by Dr. Swapan Kumar Misra,  
Principal of Muberia Gangadhar Mahavidyalaya



Practical experienced of milk testing performed by  
visited students, guidance by Dr. Apurba Giri, Assistant  
Professor and head, Dept. of Nutrition



Demonstration of penetrometer by Khokan  
Chandra Gayen, Assistant Professor, Dept. of  
Nutrition



Estimation of microbial count of food sample by  
Sucheta Sahoo and Sruti Mandal, Assistant  
Professor, Dept. of Nutrition



Demonstration of spectrophotometer by Khokan  
Chandra Gayen, Assistant Professor, Dept. of  
Nutrition





Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Demonstration of minerals content by Khokan Chandra Gayen, Assistant Professor, Dept. of



Hemoglobin testing, Blood group determination by Anuja Guria, Nutrition hon. 6<sup>th</sup> sem student, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Determination of cream separation process by Subrata Ghosh, M.Voc 2<sup>nd</sup> sem student, Dept. of Nutrition



Group photo of visited students (Mahishadal Raj College) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



### 3. Attendance of participated students

MAHISHADAL RAJ COLLEGE			Page: 1 Date: PL / 06 / 23	
Sl. No.	Name	Whatsapp no.	Email ID	
1.	Rabi Sankar Mandal	7432 01 3235	rabisankarmandal@yahoo.com	Guardians name and contact no. Ajay Mandal (9732794823)
2.	Annyesha Kar	8850401042	annykaeshu@gmail.com	Address VII + P.O. - Mandarapur P.S. - Mandaripur, PIN - 721650
3.	Shikha Fadhkar	7797562650	fadhkarshikha@gmail.com	Marusia, Keshiapatra, Santrai Thargam, '12135'
4.	Matika Das	6295597873	matikadask@gmail.com	Exp. Khatibhat, 721648 Chackpada, Nandakaurdi
5.	Borsha Deb	9882648600	borshadey222@gmail.com	Shankari Das (747633858)
6.	Nandita Pradhan	7865918886	Pradhan.nandita@gmail.com	Chhabi Deb (9123828412)
7.	Dipansha Nayak	9755577632	Dipansha.nayak@gmail.com	Nandani Pradhan (7865948886)
8.	RUMPA GHORAI	7478302017	ghorairumpa270@gmail.com	Dakari's Nayak (9723827237)

Signature  
Rabi Sankar Mandal

Annyesha Kar

Shikha Fadhkar

Matika Das

Borsha Deb

Nandita Pradhan

Dipansha Nayak

Rumpa Ghorai

Address  
VII + P.O. - Mandarapur  
P.S. - Mandaripur, PIN - 721650

Marusia, Keshiapatra, Santrai  
Thargam, '12135'

Exp. Khatibhat, 721648  
Chackpada, Nandakaurdi

Shankari Das  
(747633858)

Chhabi Deb  
(9123828412)

Nandani Pradhan  
(7865948886)

Dakari's Nayak  
(9723827237)

VII + P.O. - Dwaribenia,  
P.S. - Subaldia, Dist. - Purba  
Medinipur, PIN - 721654  
West Bengal

Signature  
Rabi Sankar Mandal

Annyesha Kar

Shikha Fadhkar

Matika Das

Borsha Deb

Nandita Pradhan

Dipansha Nayak

Rumpa Ghorai

Address  
VII + P.O. - Mandarapur  
P.S. - Mandaripur, PIN - 721650

Marusia, Keshiapatra, Santrai  
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Chackpada, Nandakaurdi

Shankari Das  
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(9123828412)

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(7865948886)

Dakari's Nayak  
(9723827237)

VII + P.O. - Dwaribenia,  
P.S. - Subaldia, Dist. - Purba  
Medinipur, PIN - 721654  
West Bengal

Dr. Anupam Ghosh

Principal

MAHISHADAL RAJ COLLEGE

MAHISHADAL RAJ COLLEGE

## 4. Feedback form

Date- 22-06-2023

**Feedback Form**  
**Student exchange program of NAAC (3.5.1)**  
**One day Lab Visit to Nutrition Dept., Mugheria Gandgarh Mahavidyalaya**

Full Name Nandita Pradhan Mobile number \_\_\_\_\_

College Name: Mahisadal Raj College

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐

Semester: 6th

**A. Please answer all questions by circling one out of numbers 1-5 against each statement.**

I	The program was timely.	1	2	3	4	5
II	The program was well organized	1	2	3	4	5
III	The program was useful to strengthen practical knowledge	1	2	3	4	5
IV	Experienced some new practical	1	2	3	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5
VII	Atmosphere of the Lab	1	2	3	4	5
VIII	Atmosphere of the Department	1	2	3	4	5
IX	Atmosphere of the college	1	2	3	4	5
X	I recommend this program to be continued.	1	2	3	4	5

**B. How do you evaluate your overall Visit?**

☒ Very good ☐ Good ☐ Satisfactory ☐ Poor ☐ Very poor

**C. State two important experiences that had been gained from the lab visit:**

Standard petrometer test

Cream separator

D. What is your review on the session held on career counseling?

*It is very helpful for future.*

E. Give some suggestions to improve the visit experience:

*This session is very good. It should be continue in future.*

*Nandita Pradhan*

## 5. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (Gol)]

(Affiliated to Vidyasagar University)

Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,

West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

From :The Principal/Secretary  
Mugberia GangadharMahavidyalaya

Dated:22.06.2023

### TO WHOM IT MAY CONCERN

It is certified that as per the invitation to Mahishadal Raj College for participation of Student exchange programme from Mugberia Gangadhar Mahavidyalaya, dated 19.06.2023 following eight 6th Sem. students of Nutrition (Hons) of Dept of Nutrition, Mahishadal Raj College, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) as per student exchange program of NAAC on 22nd June, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

Sl No.	Name
1.	Rabi Sankar Mondal
2.	Annyesha Kar
3.	Ishita Fadikar
4.	Mrittika Das
5.	Barsha Dey
6.	Nandita Pradhan
7.	Dipanjana Nayak
8.	Rumpa Ghorai

Principal

22.06.2023

Mugberia Ganagadhar Mahavidyalaya

Principal

Mugberia Gangadhar Mahavidyalaya



**MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharmahavidyalaya.ac.in](http://www.mugberiagangadharmahavidyalaya.ac.in)

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Report on

# **Student Exchange Program**

*Between*

**Mahishadal Girl's College**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date- 22.06.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

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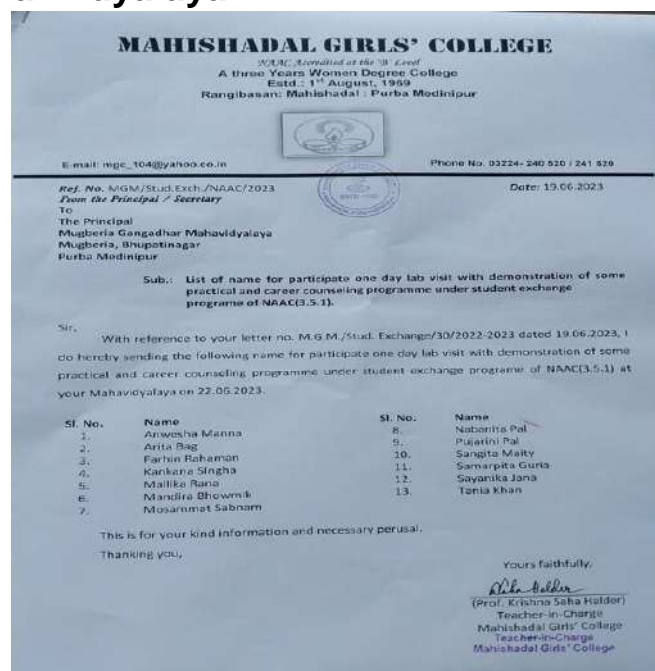
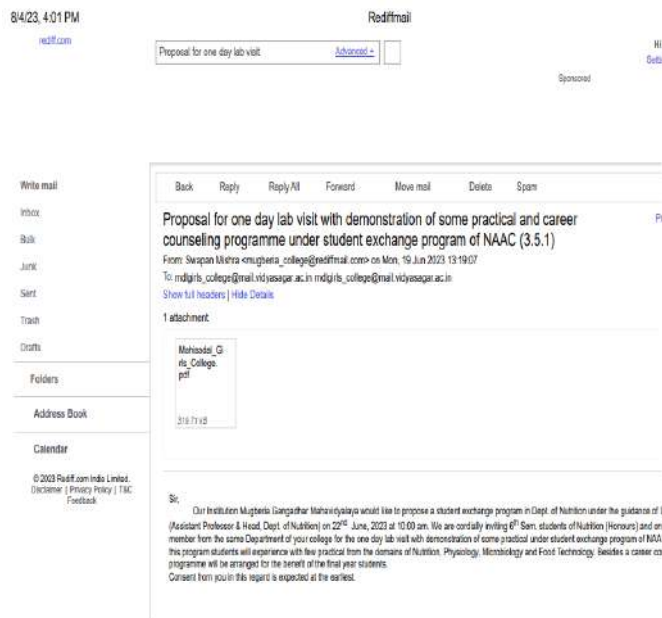
Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya

**Student Exchange Program** are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

# Student Exchange Program

Guest- Mahishadal Girl's College (No. of students participants – 13)  
Host- Mugberia Gangadhar Mahavidyalaya

## 1. Invitation to Mahishadal Girl's College to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya



## 2. Program on the day

- A. Department visit
- B. Welcome Address by Principal
- C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

- D. Career counseling program



Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

## Some photos of student exchange program



Welcome speech by Dr. Swapan Kumar Misra,  
Principal of Muberia Gangadhar Mahavidyalaya



Practical experienced of milk testing performed by  
visited students, guided by Dr. Apurba Giri, Assistant  
Professor and head, Dept. of Nutrition



Demonstration of penetrometer by Khokan  
Chandra Gayen, Assistant Professor, Dept. of  
Nutrition



Estimation of microbial count of food sample by  
Sucheta Sahoo and Sruti Mandal, Assistant  
Professor, Dept. of Nutrition



Demonstration of spectrophotometer by Khokan  
Chandra Gayen, Assistant Professor, Dept. of  
Nutrition





Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Demonstration of minerals content by Khokan Chandra Gayen, Assistant Professor, Dept. of



Hemoglobin testing, Blood group determination by Anuja Guria, Nutrition hon. 6<sup>th</sup> sem student, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Determination of cream separation process by Subrata Ghosh, M.Voc 2<sup>nd</sup> sem student, Dept. of Nutrition



Group photo of visited students (Mahishadal Girl's College) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



### 3. Attendance of participated students

Mahishadal Girls' College				Page: 22-02-23	
Sl. No.	Name	Whatsapp no.	Email ID	Guardians name and contact no.	Address
11	Mandira Bhattacharya	9883584221	mandirabhattacharya@gmail.com	Sumanjaya Bhattacharya 9764146951	VIII-Bhadracharya P.O.-Housa Dist. Purba Medinipur P.S. Khejuri, Pin-721430
2	Sayanika Jana	964141369	Sayanika (@ gmail . com	Soma Jana 9007447103	VIII - Kantiham, P.O - Hishurda P.S. Tamruk, Pin - 721627
3	Samarpita Ghosh	9295728880	Samarpita Ghosh 2020@gmail.com	Sukumar Ghosh 9932999137	VIII-P.O.-Dwarabarna P.S. -Balahata, Pin-721681
4	Toni Khan	7501352634	tonikhan256@gmail.com	Tanvir Ali Khan 9332641019	VIII + P.O. Chhatanyapur P.S. -Sudakhata, Pin-721645
5	Nabarat Pal	9163740667	Nabaratpal09@gmail.com	Ramnarayan Pal 9432352078	VIII+P.O.-Kalgachia, P.S.-Khejuri, Pin-721432
6	Anita Bag	9883894313	anitabag7@gmail.com	Amal Kumar Bag 8016119153	VII-Nandaigajan, P.O.-Bhogpur P.S.-Kalgachia, Pin-721151
7	Rijanini Pal	9749552089	palp55844@gmail.com	Janmejay Pal 9738839611	VIII-Talhabari, P.O.-Damanhat Rijanini Pal P.S.-Tamruk, Pin-721472
8	Musammat Sahran	7832031605	msmmsmmsmmt@gmail.com	U. Jaynal Hogue 8926762126	VIII-Brindabanchoh, P.O.-Santahar Musammat Sahran P.S.-Kalgachia, Pin-721151
9	Kankana Singha	6295860837	Kankana.Singha2002@gmail.com	Kishan Singha 9923582669	VIII-Kantabpur, P.O.-Bishitpur Kankana Singha P.S.-Vishwa, Dist.-Howrah, Pin-711316

Head of Nutrition  
Mugdha Gangadhar Mahapatraya

Principal  
Mugdha Gangadhar Mahapatraya



Head  
Dept. of Nutrition  
Mughera Gangadhar Mahishadal

Principal  
Mughera Gangadhar Mahishadal

Sl. No.	Name	Whatsapp No.	Email ID	Guardians name and contact no.	Address	Signature
10.	Sangita Maiti	9093884700	maitisangita2002@gmail.com	Bhagya Maiti 9046355812	VIII - Chhatanyapur, P.O. -Damanhat P.S. -Tarakpur, Dist - Purba Medinipur, Pin - 721451	Sangita Maiti
11.	Anwesha Manna	8145835434	mananaweshast@gmail.com	Debashanta Manna 9132600590	VIII - Bhubaneswar Pura, P.O. -Bh. Bhakichand P.S. -Tamruk Dist - Purba Medinipur Pin-721432	Anwesha Manna
12.	Fatima Rahaman	9754505015	fatima.hossain.0550@gmail.com	Takin Hossain 7501657205	VIII - Dashbini Baguani, P.O. -Chhatanyapur P.S.-Tamruk, Dist- Bhubaneswar, Pin-721653	Fatima Rahaman
13.	Malika Rana	8972463107	malikarana0510@gmail.com	Madan Mohan Rana 8009449520	VIII - Munirua, P.O. -Tarakpur Malika Rana P.S. -Tamruk, Dist - Purba Medinipur Pin-721432	Malika Rana



Head  
Dept. of Nutrition  
Mughera Gangadhar Mahishadal

Principal  
Mughera Gangadhar Mahishadal

## 4. Feedback form

Date: 29.06.2023

**Feedback Form**  
Student exchange program of NAAC (3.5.1)  
One day Lab Visit to Nutrition Dept., Mugheria Gangadhar Mahavidyalaya

Full Name: Kankana Singh Mobile number: 6295880837  
College Name: Mahishadal Girls' College

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐  
Semester: 6<sup>th</sup>

A. Please answer all questions by circling one out of numbers 1-5 against each statement.

The number 1 - 5 correspond to the statement:  
5 - Strongly agree  
4 - Agree  
3 - Neither agree nor disagree  
2 - Disagree  
1 - Strongly disagree

I	The program was timely.	1	2	3	4	5
II	The program was well organized	1	2	3	4	5
III	The program was useful to strengthen practical knowledge	1	2	3	4	5
IV	Experienced some new practical	1	2	3	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5
VII	Atmosphere of the Lab	1	2	3	4	5
VIII	Atmosphere of the Department	1	2	3	4	5
IX	Atmosphere of the college	1	2	3	4	5
X	I recommend this program to be continued.	1	2	3	4	5

B. How do you evaluate your overall Visit?

☒ Very good ☐ Good ☐ Satisfactory ☐ Poor ☐ Very poor

C. State two important experiences that had been gained from the lab visit:

Knowledge gained from new instrument and career counselling.

D. What is your review on the session held on career counselling?

It is most important for student future.

E. Give some suggestions to improve the visit experience:

Improvement of efficiency.

Kankana Singha

## 5. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (GoI)]

(Affiliated to Vidyasagar University)

Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,

West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

From : *The Principal/Secretary*  
MugberiaGangadharMahavidyalaya

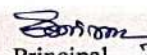
Dated:22.06.2023

### TO WHOM IT MAY CONCERN

It is certified that as per the invitation to Mahishadal Girl's College for participation of Student exchange programme from Mugberia Gangadhar Mahavidyalaya, dated 19.06.2023 following thirteen 6th Sem. students of Nutrition (Hons) of Dept of Nutrition, Mahishadal Girl's College, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAACon 22nd June, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

Sl No.	Name	Sl No.	Name
1.	Mandira Bhowmik	7.	Pujarini Pal
2.	Sayanika Jana	8.	MosammamSabnam
3.	SamarpitaGuria	9.	Kankana Singha
4.	Tania Khan	10.	Sangita Maity
5.	Nabanita Pal	11.	Anwesha Manna
6.	Arita Bag	12.	FarhinRahaman
		13.	Mallika Rana

  
Principal 22-06-23

Mugberia Ganagadhar Mahavidyalaya  
*Principal*  
Mugberia Gangadhar Mahavidyalaya



**MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharmahavidyalaya.ac.in](http://www.mugberiagangadharmahavidyalaya.ac.in)

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Report on

# **Student Exchange Program**

*Between*

**Bajkul Milani Mahavidyalaya**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date- 11.05.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

---

Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya



**Student Exchange Program** are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

## Student Exchange Program

Guest- Bajkul Milani Mahavidyalaya (No. of student participants – 20)  
Host- Mugberia Gangadhar Mahavidyalaya

### 1. MOU between Mugberia Gangadhar Mahavidyalaya and Bajkul Milani Mahavidyalaya



पश्चिम बंगाल WEST BENGAL

AF 706905

#### MEMORANDUM OF UNDERSTANDING

The Memorandum of Understanding (MOU) made at Mugberia, Purba Medinipur on the 26<sup>th</sup> day of February, year 2023, between Mugberia Gangadhar Mahavidyalaya of Bhupatinagar, Purba Medinipur, Pin-721425 W.B. here after referred to as 'The College' and the Academic Partner – Bajkul Milani Mahavidyalaya, Bajkul, Purba Medinipur, Pin 721655, West Bengal here after referred to as 'Academic Partner' in regard to conducting Teachers exchange, Academic exchange, students exchange, visit of laboratory, use of Laboratory facilities, sports facilities for better exposure of both the teachers and the students in between two colleges. Besides these, various programmes like IQAC, NAAC accreditation, IIC, NCTE, NIRF and other academic programmes so on and so forth will also carry out by both the institutes in both the colleges under this MOU. The Academic Partner and the college both shall avail the Class rooms, Laboratories and other facilities of both the Colleges for conducting the above programme which is herewith signed and sealed.

#### The terms and conditions for the same as agreed upon is as follows.

- Both the colleges shall take the responsibility for conducting the above mentioned programmes at their campus. Both the colleges shall provide the entire necessary infrastructure viz. class rooms, computer laboratories, high speed internet connection/wi-fi and necessary furniture, proper seating arrangements, electricity along with generator facility and other students' amenities as required for the smooth conducting of the programmes.

Contd. ....P/2



Page:2

- The college and academic partner shall be responsible for conducting the programmes till the end of the aforesaid programmes in scheduled time in a proper manner and in no manner left incomplete or harm the interest of the students and institute.
- Both the colleges will provide the details programme structure along with design, content, title of the programme, number of participants, number of speakers etc as per the requirement before the commencement of the scheduled dates.
- Both the colleges will help each other in every aspects of the academic fraternity
- Both the college shall pay all the necessary payments for its service rendered for conducting of the above mentioned programmes
- The agreement shall commence with effect from 26.02.2023 and will be valid up to 25.02.28 or five years
- The Memorandum of Understanding (MOU) shall be executed in duplicate, The College shall retain the original and Academic Partner, the duplicate.

IN WITNESS WHEREOF the parties hereto have affixed their signatures on the day, month and year first above written in the presence of:

Signature of Witness:

A. Apurba Giri 26.02.2023

B. Manojita Das 26.02.2023

Signature of the Principal  
Mugberia Gangadhar Mahavidyalaya  
Principal  
Mugberia Gangadhar Mahavidyalaya

Signature of the Principal/TIC  
Bajkul Milani Mahavidyalaya  
Teacher-in-charge  
Bajkul Milani Mahavidyalaya  
P.O.- Kismat Bajkul  
Dist.- Purba Medinipur



### 2. Invitation to Bajkul Milani Mahavidyalaya to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya

5/27/23, 1:37 PM

Welcome to Rediffmail: Inbox

rediffmail

Mailbox of mugberia\_college

Subject: Proposal for one day lab visit with demonstration of some practical and career counseling programme under student exchange program of NAAC (3.5.1)

From: Swapan Mishra<mugberia\_college@rediffmail.com> on Thu, 06 Apr 2023 13:05:00

To: "bajkul\_college"<bajkul\_college@rediffmail.com>

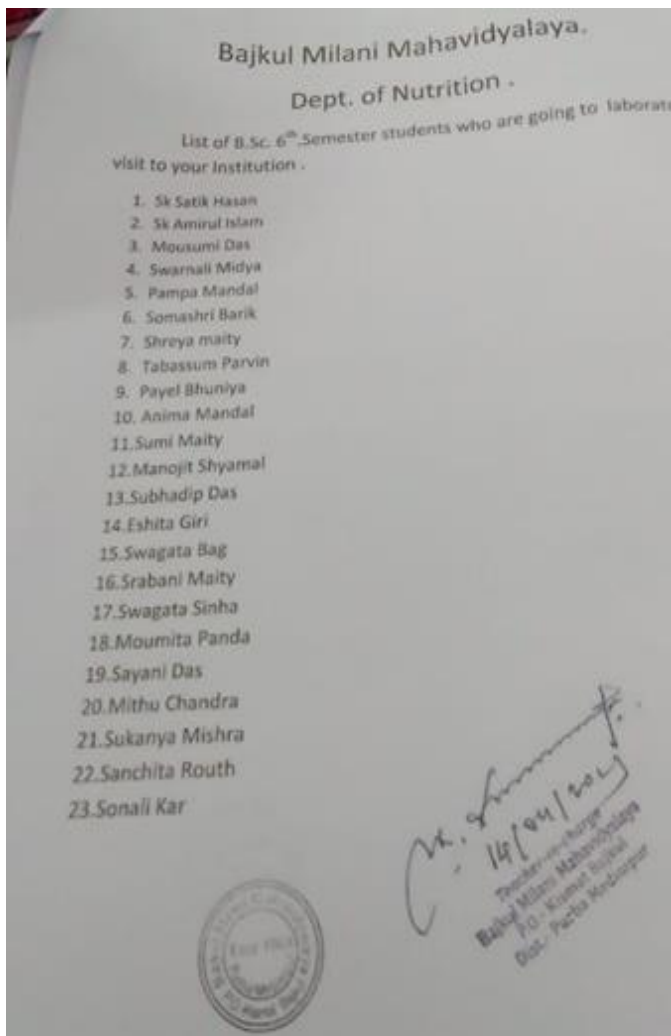
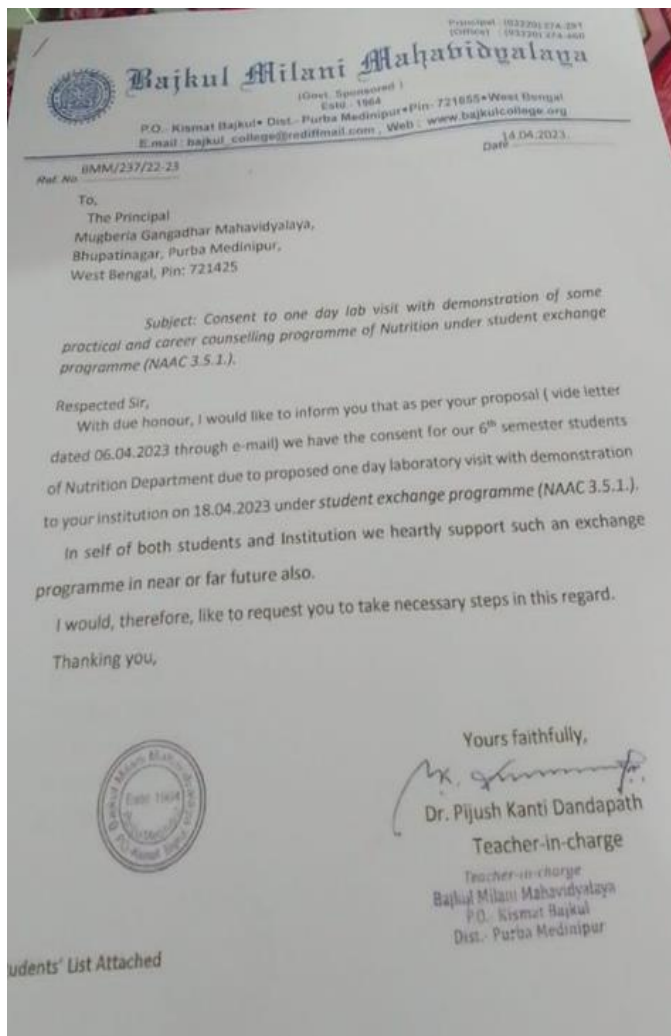
Cc: "apurbabandri"<apurbabandri@gmail.com>

1 attachment(s) - DocScanner\_06-Apr-2023\_12-52\_pm.pdf (739.04KB)

Sir,

With reference to the MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Bajkul Milani Mahavidyalaya dated 26.02.2023, our Institution Mugberia Gangadhar Mahavidyalaya would like to propose a student exchange program in Dept. of Nutrition under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) on 13<sup>th</sup> April, 2023 at 10:00 am. We are cordially inviting 6<sup>th</sup> Sem. students of Nutrition (Honours) and one Faculty member from the same Department of your college for the one day lab visit with demonstration of some practical under student exchange program of NAAC (3.5.1). In this program students will experience with few practical from the domains of Nutrition, Physiology, Microbiology and Food Technology. Besides a career counseling programme will be arranged for the benefit of the final year students. Consent from you in this regard is expected at the earliest.

Thanking You  
With Regards  
Dr. Swapan Kumar Misra  
Principal  
Mugberia Gangadhar Mahavidyalaya  
NAAC accredited (3rd Cycle) Institution  
A College with Potential for Excellence (CPE)  
DBT Star College Award recipient  
Bhupatinagar, Purba Medinipur, 721425  
website : [www.mugberiangangadharMahavidyalaya.org](http://www.mugberiangangadharMahavidyalaya.org)



### 3. Program on the day

#### A. Department visit

#### B. Welcome Address by Principal

#### C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

#### D. Career counseling program

Practical class taken by-

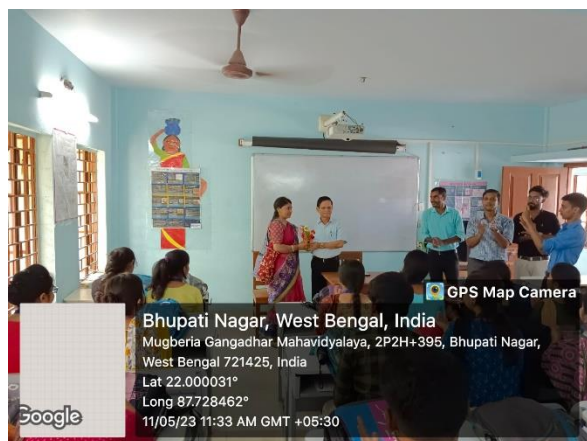
1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)



## Some photos of student exchange program



Welcome to teacher and students of Bajkul Milani Mahavidyaya



Welcome speech by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Determination of minerals content by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



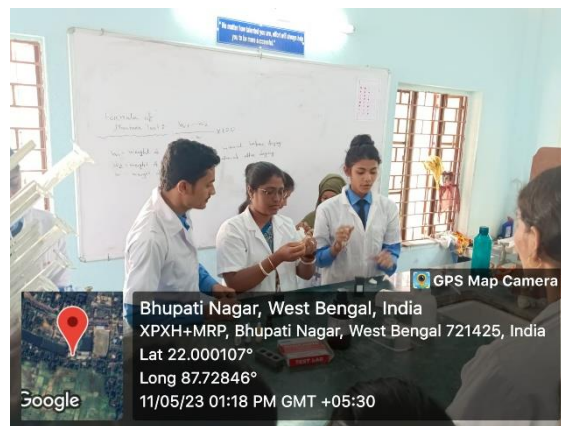
Jam preparation and demonstration speech by Biswajit Das, Scholar, Dept. of Nutrition



Demonstration of refractometer to find out TSS content, by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition, MGM



Estimation of microbial count of food sample by Sucheta Sahoo and Sruti Mandal, Assistant Professor, Dept. of Nutrition



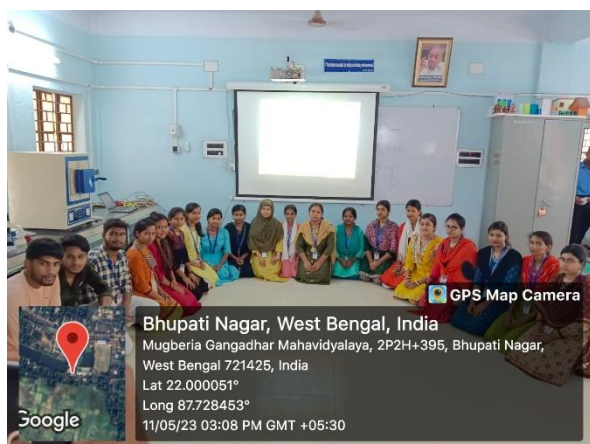
Hemoglobin testing and blood group determination by Moumita Samanta, Assistant Professor, Dept. of Nutrition



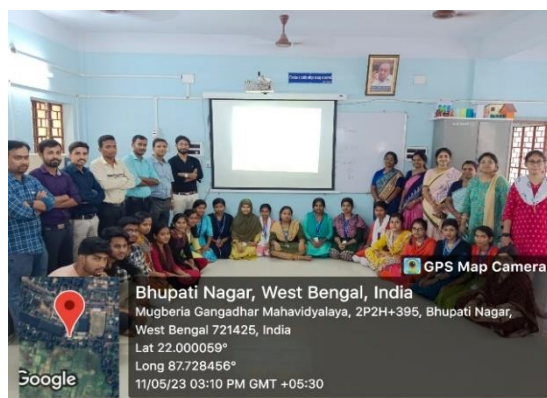
Determination of moisture and Demonstration of Hot air oven by Ayan Mondal, Assistant Professor, Dept. of Nutrition



Career counselling program speech by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Group photo of visited students (Bajkul Milani Mahavidyalaya) in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



Group photo of visited students (Bajkul Milani Mahavidyalaya) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



## 4. Attendance of participated students

Sl. No	Name	WhatsApp No	Email ID	Guardians Name and Contact No	Address	Signature
1	Manojit Bhargava	0641385819	manojitbhargava@gmail.com	Manojit Bhargava Ph: 0899442855	Vill + P.O. - Halabarna, P.S. - Khejuri, Pin - 721422	Manojit Bhargava
2	Suagata Bag	9367027387	suagatabag180@gmail.com	Suagata Bag Ph: 9367117830	Vill - Sandal para, P.O. - Mahamad para, P.S. - Bhogpur pin - 721601	Suagata Bag
3	Sayani Das	9679869566	sayani@gmail.com	Sayani Kumar Das Ph: 9749584834	Vill - Gargam, P.O. - Boudhachak, P.S. - Chandiara, Dist. Purba Medinipur, Pin - 721659	Sayani Das
4	Ekshita Guin	96797932720	ekshita2009@gmail.com	Kankar Kumar Guin Ph: 9609039209	Vill - D. Belkela, P.O. - Uttarakhandan, P.S. - Khejuri, Pin - 721430	Ekshita Guin
5	Sonalika Kar	7029463079	Sonalika 8585@gmail.com	Sammadh Kar Ph: 935682258	Vill + P.O. - Suknallapur, P.S. - Bhogpur pin - 721601	Sonalika Kar
6	Sanchita Routh	949170959	sanchitarouth@gmail.com	Sudhansu Routh Ph: 9384613918	Vill + P.O. - Gargam, P.S. - Chandiara, Dist. Purba Medinipur, Pin - 721659	Sanchita Routh
7	Moumita Panda	7718584519	moumitapanda18@gmail.com	Manjushree Panda Ph: 845248368	Vill + P.O. - Mahamad para, P.S. - Bhogpur pin - 721601	Moumita Panda
8	Sukanya Mishra	7719296279	mishra.sukanya321@gmail.com	Naba Kumar Mishra Ph: 9732617068	Vill + P.O. - Purnasampur, P.S. - Chandiara, Pin - 721633	Sukanya Mishra
9	Suagata Sinha	7866870711	Suagatasinha02@gmail.com	Gourab Sinha Ph: 7787314923	Vill - Dampur, P.O. - Mahamad para, P.S. - Bhogpur pin - 721601	Suagata Sinha
10	Somachari Barik	9883181585	Somachari01317@gmail.com	Sunil Barik Ph: 0775849562	Vill - Gopinathpur, P.S. - Chandiara, Pin - 721601	Somachari Barik
11	Shreya Maity	7585895670	shreya.maity20@gmail.com	Subin Maity Ph: 9732168396	Vill - Kotebani, P.O. - Uthar, Kotebani, P.S. - Bhogpur, Pin - 721626	Shreya Maity
12	Subhadra Das	9735313935	subhadra101@gmail.com	Subhadra Das Ph: 9735313935	Vill - Kutha, P.O. - Boudhachak, Dist. Purba Medinipur, Pin - 721659	Subhadra Das
13	Tobassum Kurin	8394438280	tobassumkurin@gmail.com	Tobassum Kurin Ph: 9732593870	Vill - Chirchak, P.O. - Chirchak, P.S. - Bhogpur pin - 721601	Tobassum Kurin
14	Pokey Bhumiya	7029471743	pokeybhumiya@gmail.com	Pokey Bhumiya Ph: 9732593870	Vill - Boudhachak, P.O. - Boudhachak, P.S. - Chandiara, Dist. Purba Medinipur, Pin - 721659	Pokey Bhumiya
15	Smakani Maity	7679854550	smakani002@gmail.com	Sukumar Maity Ph: 964830233	Vill - Tekhara, P.O. - Tekhara, P.S. - Bhogpur pin - 721601	Smakani Maity
16	SK Saifur Hasan	869292918	sksaifurhasan@gmail.com	SK Saifur Hasan Ph: 982232915	Vill - Kutha, P.O. - Boudhachak, Dist. Purba Medinipur, Pin - 721659	SK Saifur Hasan
17	Anima Mandal	9680424061	animamandal@gmail.com	Bholanath Mandal Ph: 9874434820	Vill - Gopinathpur, P.S. - Gopinathpur, Pin - 721658	Anima Mandal
18	Pampa Mandal	9893136146	pm022037@gmail.com	Rauhal Mandal Ph: 7718138563	Vill - Uthar, P.O. - Chandiara, P.S. - Bhogpur pin - 721601	Pampa Mandal
19	Mousumi Das	8670795970	2001mousumidas@gmail.com	Rin Kati Das Ph: 9732593870	Vill - Boudhachak, P.O. - Boudhachak, P.S. - Chandiara, Dist. Purba Medinipur, Pin - 721659	Mousumi Das
20	Suvarnali Midya	7029670292	suvarnalmidya@gmail.com	Suvarnali Midya Ph: 9732593870	Vill + P.O. - Khatambari, P.S. - Nandigram, Dist. Purba Medinipur, Pin - 721650	Suvarnali Midya
Teacher	Sushritha Das	9444599877	sushritha9974@gmail.com			Sushritha Das

## 5. Feedback form

### Feedback Form

Student exchange program of NAAC (3.5.1)

One day Lab Visit to Nutrition Dept., Mugberia Gangadhar Mahavidyalaya

Full Name Payel Bhumiya

Mobile number 7029471713

College Name:

BISKUL MILANI MAHAVIDYALAYA

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐

Semester: 6<sup>th</sup>

A. Please answer all questions by circling one out of numbers 1 -5 against each statement.

The number 1 - 5 correspond to the statement:

- ✓ 5 - Strongly agree  
4 - Agree  
3 - Neither agree nor disagree  
2 - Disagree  
1 - Strongly disagree

I	The program was timely.	1	2	3	4	5 ✓
II	The program was well organized	1	2	3	4	5 ✓
III	The program was useful to strengthen practical knowledge	1	2	3	4	5 ✓
IV	Experienced some new practical	1	2	3 ✓	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5 ✓
VII	Atmosphere of the Lab	1	2	3	4	5 ✓
VIII	Atmosphere of the Department	1	2	3	4	5 ✓
IX	Atmosphere of the college	1	2	3	4	5 ✓
X	I recommend this program to be continued.	1	2	3	4	5 ✓

B. How do you evaluate your overall Visit?

☒ Very good ☐ Good ☐ Satisfactory ☐ Poor ☐ Very poor

C. State two important experiences that had been gained from the lab visit:

1. knowledge gain

D. What is your review on the session held on career counseling?

better study

E. Give some suggestions to improve the visit experience:

visit experience is very much appropriate,

Payel Bhumiya



## 6. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (Gol)]

(Affiliated to Vidyasagar University)  
Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,  
West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

From : *The Principal/Secretary*  
MugberiaGangadharMahavidyalaya

Dated: 11.05.2023

### TO WHOM IT MAY CONCERN

It is certified that as per MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Bajkul Milani Mahavidyalaya dated 26.02.2023, and invitation mail dated 06.04.2023 following twenty6th Sem. students of Nutrition (Hons) and Prof.Sutrishna Das of Dept of Nutrition, Bajkul Milani Mahavidyalaya, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAACon 11<sup>th</sup> May, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

SL No.	Name	SL No.	Name
1	Manojit Shyamal	11	Shreya Maity
2	Swagata Bag	12	Subhadip Das
3	Sayani Das	13	Tabassum Parvin
4	EshitaGiri	14	PayelBhunia
5	Sonali Kar	15	SrabaniMaity
6	SanchitaRowth	16	SkSafik Hasan
7	Moumita Panda	17	Anima Mandal
8	Sukanya Mishra	18	Pampa Mondal
9	Swagata Sinha	19	Mousumi Das
10	Somashri Barik	20	SwarnaliMidya

*Sonali Kar* 11.05.2023  
Principal

Mugberia Ganagadhar Mahavidyalaya  
*Principal*  
Mugberia Gangadhar Mahavidyalaya



**MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharMahavidyalaya.ac.in](http://www.mugberiagangadharMahavidyalaya.ac.in)

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Report on

# **Student Exchange Program**

*Between*

**Prabhat Kumar College**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date- 04.05.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

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Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya

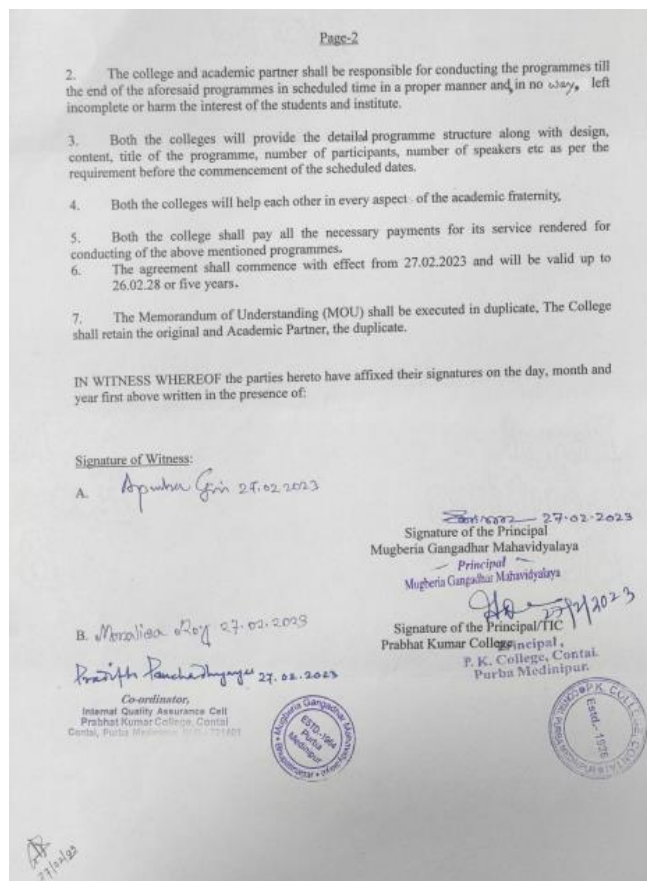
**Student Exchange Program** is an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

## Student Exchange Program

Guest- Prabhat Kumar College (No. of students participants – 19)

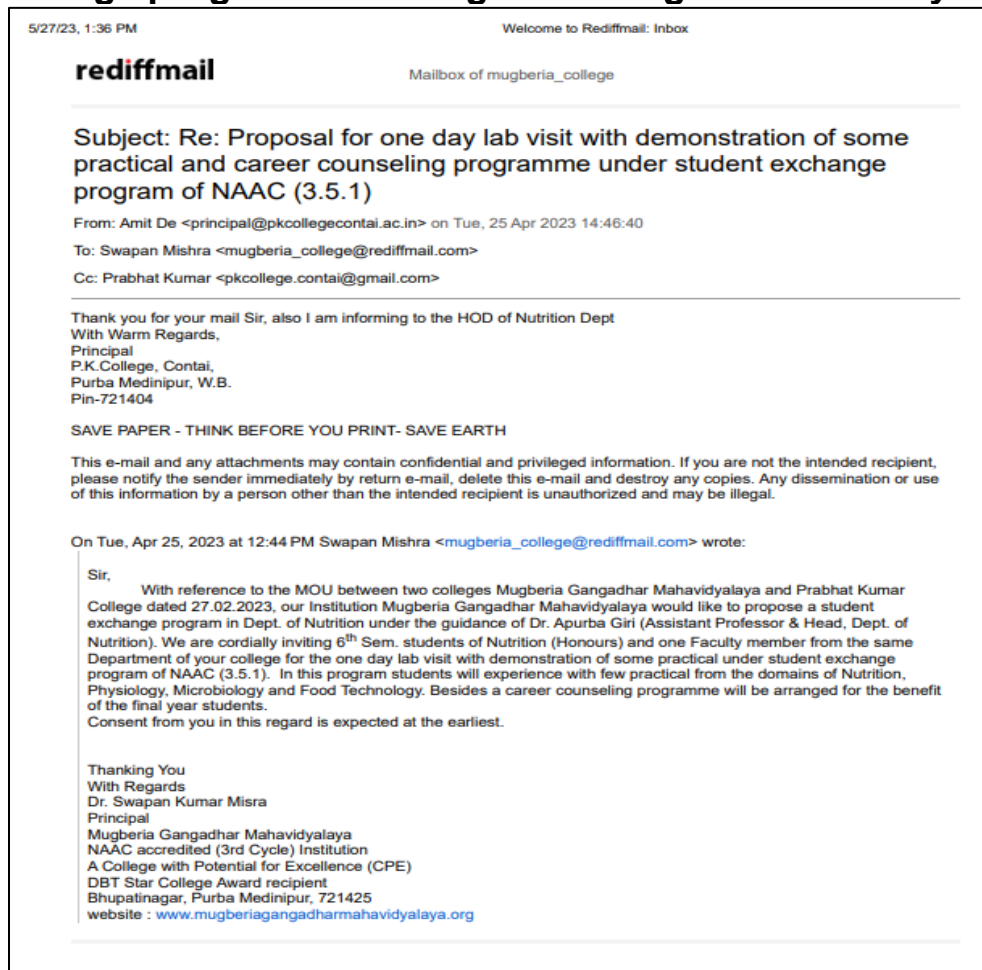
Host- Mugberia Gangadhar Mahavidyalaya

### 1. MOU between Mugberia Gangadhar Mahavidyalaya and Prabhat Kumar College





## 2. Invitation to students of Prabhat Kumar College to attend Student's Exchange programme at Mugberia Gangadhar Mahavidyalaya



### 3. Program on the day

#### A. Department visit

#### B. Welcome Address by Principal

#### C. Laboratory visit and demonstration of following practical

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

#### D. Career counseling program

Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

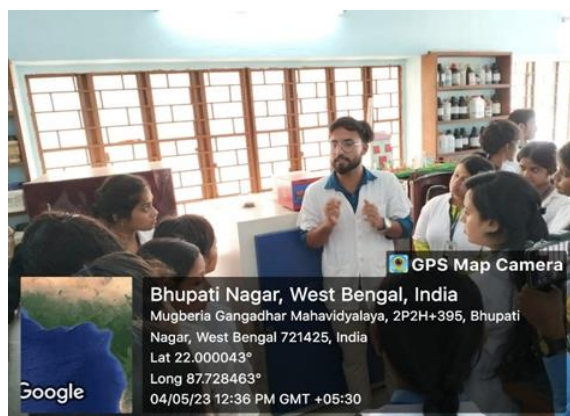
Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

## Some photos of student exchange program



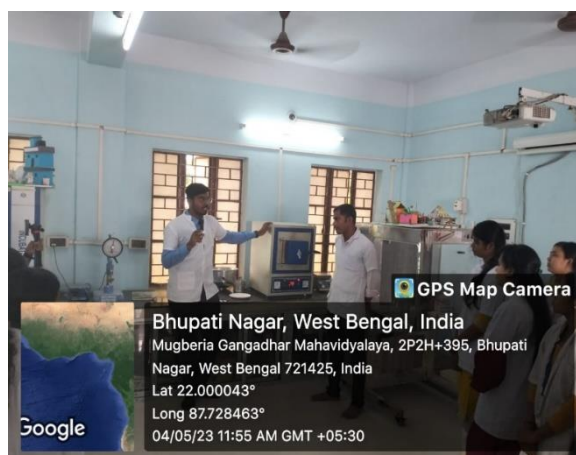
Welcome speech by Dr. Swapan Kumar Misra, Principal of Muberia Gangadhar Mahavidyalaya



Determination of moisture and Demonstration of Hot air oven by Ayan Mondal, Assistant Professor, Dept. of



Jam preparation and demonstration speech by Biswajit Das, Scholar, Dept. of Nutrition



Determination of minerals content by Subrata Ghosh, M.Voc 2<sup>nd</sup> sem student and Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Estimation of microbial count of food sample by Sucheta Sahoo and Sruti Mandal, Assistant Professor, Dept. of Nutrition

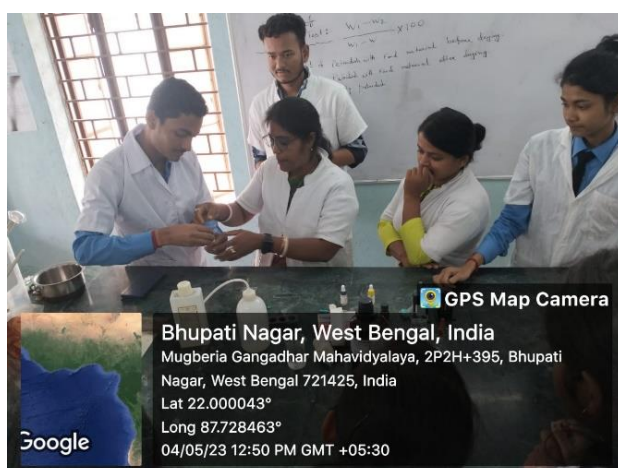


Speech about development of functional cookies by Suraj Das, M.Voc 4<sup>th</sup> sem student, Dept. of Nutrition

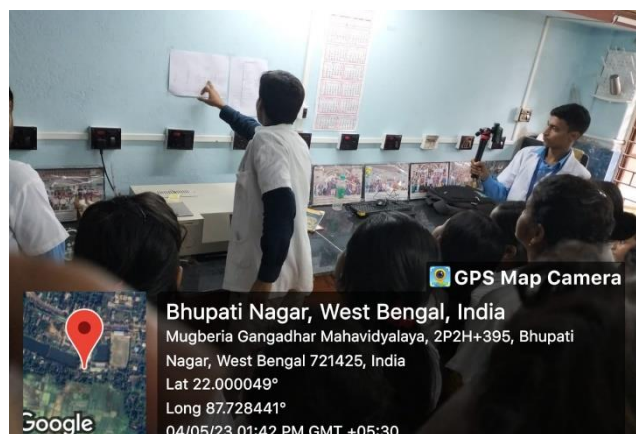




Determination of sensory evaluation of a food product (hedonic scale) by Poushali Chowdhury, M.Voc 4<sup>th</sup> sem student and Monalisa Roy, Assistant Professor, Dept. of Nutrition



Hemoglobin testing, Blood group determination by Moumita Samanta, Assistant Professor, Dept. of Nutrition



Determination of Spectrophotometer by Tanmoy kumar Giri, Assistant Professor, Dept. of Nutrition



Speech about development of functional product by Puja Bhunia, M.Voc 4<sup>th</sup> sem student, Dept. of Nutrition



Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Group photo of visited students (Prabhat Kumar College) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya.



## 4. Attendance of participated students

Pravat Kumar College			Date: 04/05/2023		Page: 1	
Sl. No.	Name	WhatsApp No.	Email ID	Guardians Name & Contact No.	Address	Signature
1	Supriya Das Sukanya Das	9064747851 8918890855	dsupriya03@gmail.com Sukanya das 2282006@gmail.com	Alison Kumar Das Chandana Das 9930222150	Disto Adabania, Basantia, Contai Biswanathpur, Contai	Supriya Das Sukanya Das
2	Suchana Adak	9883985252	adaksuchana88@gmail.com	Kanakanti Adak 8116970949	Utkalchak, Machinda	Suchana Adak
3	Amisha Das	9339294610	amishadasai2003@gmail.com	Funchara Das 9044062337	Kumirida, Marashida	Amisha Das
4	Souja Jatta	8918247467	soajyatta@gmail.com	9635130822 Gusadhar Jatta	Karpura, Marashida	Souja Jatta
5	Pranati Das	9832846624	dpranati507@gmail.com	Ashok Das 9775938259	Shiuliban, Marashida	Pranati Das
6	Sudhechha Das	7609977663	sudhechha623@gmail.com	Sumit Das 8145014947	Vill + P.O + P.S. = Mamchota Pin = 751449	Sudhechha Das
7	Sonalika Parja	9167353070	sonaliparja20@gmail.com	Sukanya Parja 9732600237	Vill - Santaputra, P.S. - Mangada, P.S. - Marashida, Pin - 751449	Sonalika Parja
8	Neha Mal	9735707595	nehama19020@gmail.com	Sudhanshu Mal 9735707545	Vill - Mahipuri, P.O. - Dabadi, P.S. - Jampur (Contai) Pin - 751450	Neha Mal
9	Piyali Mandal	8514872103	Piyalimandal8688@gmail.com	Bukhal Mandal 9732602928	Vill - Kanadighi, P.O. - Dikalandan, Pin - 751430	Piyali Mandal
10	Soudhita Mandal	7062222780	Soudhita706@gmail.com	Anita Mandal 916974117	Vill - Turba, Jampur, P.O. - Deshakhara, P.S. - Jampur, Contai, Pin - 751450	Soudhita Mandal
11	Ananya Das	9832879599	ananya das9599@gmail.com	Goutam Das 97499119385	Vill + P.O. = Pakshin Baniura, P.S. - Jampur, Contai, Pin - 751450	Ananya Das
12	Sukanya Pal	9883134440	Sukanyapal2406@gmail.com	Shatnughna Pal 9601022452	Vill - Kanadighi, P.O. - Dikalandan, Pin - 751430, P.S. - Marashida	Sukanya Pal

Date: _____				Page: _____ Date: _____		
Sl. No.	Name	WhatsApp No	Email ID	Guardians Name and Contact No.	Address	Signature
14.	Uma Rani Das	6297586577	uma.18319@gmail.com	Manohar Lal Das No: 9738059226	Vill: Japra, P.O. Kanadighi, Marashida P.O. Marashida, Pin-751449	Uma Rani Das
15.	Pallabi Haidy	8397072180	Pallabi.haidy3455@gmail.com	Prithwinath Haidy 9733564299	Contai, Purba Medinipur 721401	Pallabi Haidy
16.	Jayashree Payra	8509639017	Jayashreepayra@gmail.com	Mukhi pada Payra 9732560030	Vill: Samudra Puri P.O. Contai, P.S. Contai Pin-751401	Jayashree Payra
17.	Sudipta Mandal	9428330231	sudipta173@gmail.com	1 Dipak Mandal 8164453883	Vill: Kankaripara P.O. Marashida P.S. Marashida, Pin-751449	Sudipta Mandal
18.	Rumi Jara	7407069734	Rumi.jara.2002@gmail.com	Andali Jara 9576638644	Vill: Narvas, Baniura, P.O. Dikalandan P.S. Contai, Pin-751442	Rumi Jara
19.	Arpan Gini	9007337473	20021arpan@gmail.com	Abish Gini 9439915322	Vill: Ghata, P.S. Contai Pin-751431	Arpan Gini
Teacher				P.K. College, Contai		
	Ayita Mitra	9001624828				

Hand  
Dept of Nutrition  
Maharaja Gangadhar Mahavidyalaya

Hand  
Dept of Nutrition  
Maharaja Gangadhar Mahavidyalaya

## 5. Feedback form

### Feedback Form Student exchange program of NAAC (3.5.1) One day Lab Visit to Nutrition Dept., Mugheria Gangadhar Mahavidyalaya

Full Name Pallabi Maity Mobile number 8327072180

College Name: Contai Prabhat Kumar College

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐

Semester: 6th Semester

A. Please answer all questions by circling one out of numbers 1 -5 against each statement.

The number 1 - 5 correspond to the statement:

5 - Strongly agree

4 - Agree

3 - Neither agree nor disagree

2 - Disagree

1 - Strongly disagree

I	The program was timely.	1	2	3	4	5
II	The program was well organized	1	2	3	4	5
III	The program was useful to strengthen practical knowledge	1	2	3	4	5
IV	Experienced some new practical	1	2	3	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5
VII	Atmosphere of the Lab	1	2	3	4	5
VIII	Atmosphere of the Department	1	2	3	4	5
IX	Atmosphere of the college	1	2	3	4	5
X	I recommend this program to be continued.	1	2	3	4	5

B. How do you evaluate your overall Visit?

☒ Very good ☐ Good ☐ Satisfactory ☐ Poor ☐ Very poor

C. State two important experiences that had been gained from the lab visit:

1) Different types of instrumental knowledge.  
2) Food moisture taste.

D. What is your review on the session held on career counseling?

Career Counseling programme is very much influence me to take decision in my future study. Thankyou all since students in this department we gain more practical knowledge. We are thankful.

E. Give some suggestions to improve the visit experience:

Overall good.

Pallabi Maity



## 6. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (Gol)]

(Affiliated to Vidyasagar University)

Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,

West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

From :The Principal/Secretary  
MugberiaGangadharMahavidyalaya

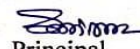
Dated:04.05.2023

### TO WHOM IT MAY CONCERN

It is certified that as per MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Prabhat Kumar College dated 27.02.2023, and invitation mail dated 25.04.2023 following nineteen6th Sem. students of Nutrition (Hons) and Prof. Joyita Mitra of Dept of Nutrition, Prabhat Kumar College, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAAC on 4<sup>th</sup> May, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

SL No.	Name	SL No.	Name
1	Supriya Das	11	Soudrita Mandal
2	Sukanya Das	12	Ananya Das
3	Suchana Adak	13	Sukanya Pal
4	Anisha Dalai	14	Uma Rani Das
5	Sreya Patta	15	Pallabi Maity
6	Pranati Das	16	Jayashree Payra
7	Subhechha Das	17	Sudipta Mondal
8	Sonali Panja	18	Rumi Jana
9	Neha Mal	19	Arpan Giri
10	Piyali Mondal		

  
Principal 4.05.2023

Mugberia Gangadhar Mahavidyalaya

Principal  
Mugberia Gangadhar Mahavidyalaya



**MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharmahavidyalaya.ac.in](http://www.mugberiagangadharmahavidyalaya.ac.in)

---

Report on

# **Student Exchange Program**

*Between*

**Ramnagar College**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date-30.05.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

---

Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya



**Student Exchange Program** are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

## Student Exchange Program

Guest- Ramnagar College (No. of students participants – 31)

Host- Mugberia Gangadhar Mahavidyalaya

### 1. MOU between Mugberia Gangadhar Mahavidyalaya and Ramnagar College



পশ্চিমবঙ্গ পশ্চিম বঙ্গাল WEST BENGAL

AF 706904

#### MEMORANDUM OF UNDERSTANDING

The Memorandum of Understanding (MOU) made at Mugberia, Purba Medinipur on the 12<sup>th</sup> day of March, year 2023, between Mugberia Gangadhar Mahavidyalaya of Bhupatinagar, Purba Medinipur, Pin-721425 W.B. here after referred to as 'The College' and the Academic Partner – Ramnagar College, Depal, Shikarbar, Purba Medinipur, Pin 721453, West Bengal here after referred to as 'Academic Partner' in regard to conducting Teachers exchange, Academic exchange, students exchange, visit of laboratory, use of Laboratory facilities, sports facilities for better exposure of both the teachers and the students in between two colleges. Besides these, various programmes like IQAC, NAAC accreditation, IIC, NCTE, NIRF and other academic programmes so on and so forth will also carry out by both the institutes in both the colleges under this MOU. The Academic Partner and the college both shall avail the Class rooms, Laboratories and other facilities of both the Colleges for conducting the above programme which is herewith signed and sealed.

#### The terms and conditions for the same as agreed upon is as follows.

- Both the colleges shall take the responsibility for conducting the above mentioned programmes at their campus. Both the colleges shall provide the entire necessary infrastructure viz. class rooms, computer laboratories, high speed internet connection/wi-fi and necessary furniture, proper seating arrangements, electricity along with generator facility and other students' amenities as required for the smooth conducting of the programmes.

Contd. ...P/2



Page-2

- The college and academic partner shall be responsible for conducting the programmes till the end of the aforesaid programmes in scheduled time in a proper manner and in no manner left incomplete or harm the interest of the students and institute.
- Both the colleges will provide the details programme structure along with design, content, title of the programme, number of participants, number of speakers etc as per the requirement before the commencement of the scheduled dates.
- Both the colleges will help each other in every aspects of the academic fraternity
- Both the college shall pay all the necessary payments for its service rendered for conducting of the above mentioned programmes
- The agreement shall commence with effect from 12.03.2023 and will be valid up to 11.03.28 or five years
- The Memorandum of Understanding (MOU) shall be executed in duplicate, The College shall retain the original and Academic Partner, the duplicate.

IN WITNESS WHEREOF the parties hereto have affixed their signatures on the day, month and year first above written in the presence of:

#### Signature of Witness:

A. *Apurba Giri* 12.03.2023

B. *Mazalis Roy* 12.03.2023

*Priyanka Maity* 12.03.23

*Satendra* 12.03.2023  
Signature of the Principal  
Mugberia Gangadhar Mahavidyalaya

*Principal*  
Mugberia Gangadhar Mahavidyalaya

*Chandra* 12-03-2023  
Signature of the Principal/TIC  
Ramnagar College

*Principal*  
Ramnagar College  
Depal, Purba Medinipur



### 2. Invitation to Ramnagar college to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya

5/27/23, 1:32 PM

Welcome to Rediffmail: Inbox

rediffmail

Mailbox of mugberia\_college

Subject: Proposal for one day lab visit with demonstration of some practical and career counseling programme under student exchange program of NAAC (3.5.1)

From: Swapan Mishra<mugberia\_college@rediffmail.com> on Sat, 27 May 2023 13:20:37

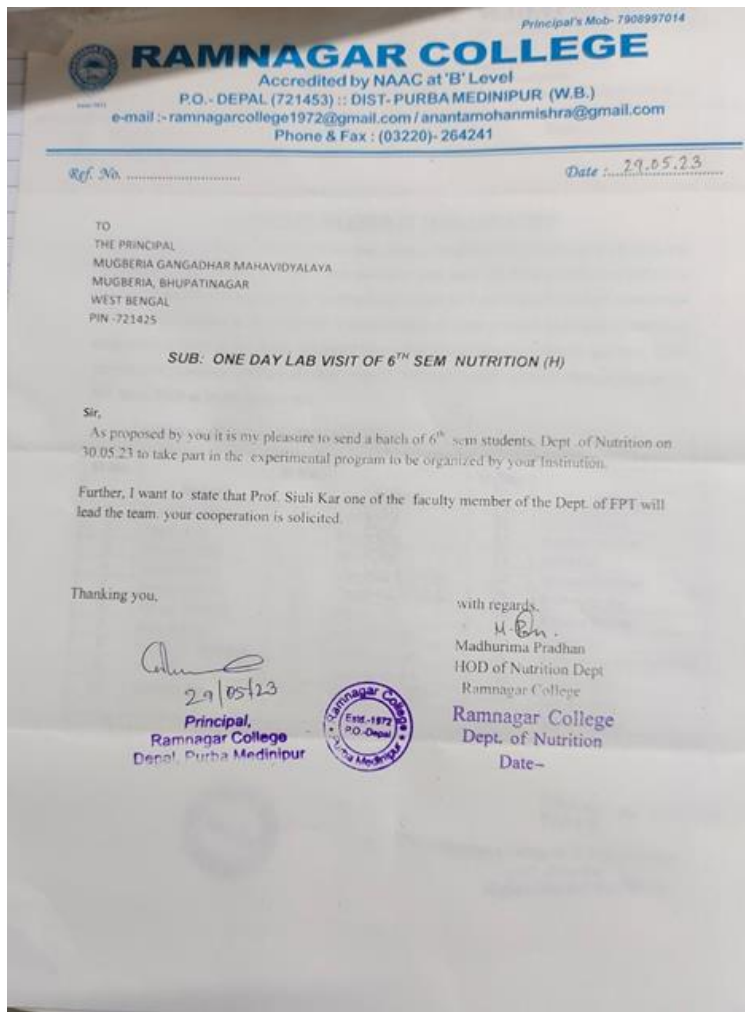
To: "ramnagarcollege1972"<ramnagarcollege1972@gmail.com>

1 attachment(s) - CamScanner\_05-27-2023\_13.11.14.pdf (263.39KB)

Sir,

With reference to the MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Ramnagar College dated 12.03.2023, our Institution Mugberia Gangadhar Mahavidyalaya would like to propose a student exchange program in Dept. of Nutrition under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) on 30<sup>th</sup> May, 2023 at 10:00 am. We are cordially inviting 6<sup>th</sup> Sem. students of Nutrition (Honours) and one Faculty member from the same Department of your college for the one day lab visit with demonstration of some practical under student exchange program of NAAC (3.5.1). In this program students will experience with few practical from the domains of Nutrition, Physiology, Microbiology and Food Technology. Besides a career counseling programme will be arranged for the benefit of the final year students. Consent from you in this regard is expected at the earliest.

Thanking You  
With Regards  
Dr. Swapan Kumar Misra  
Principal  
Mugberia Gangadhar Mahavidyalaya  
NAAC accredited (3rd Cycle) Institution  
A College with Potential for Excellence (CPE)  
DBT Star College Award recipient  
Bhupatinagar, Purba Medinipur, 721425  
website : [www.mugberiangangadharMahavidyalaya.org](http://www.mugberiangangadharMahavidyalaya.org)



### 3. Program on the day

A. Department visit

B. Welcome Address by Principal

C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

D. Career counseling program



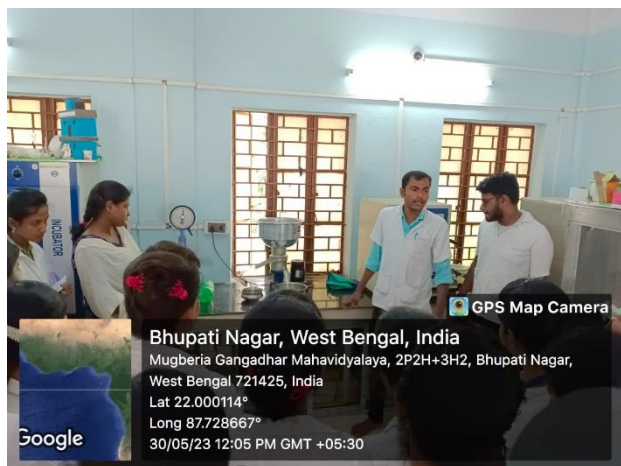
Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

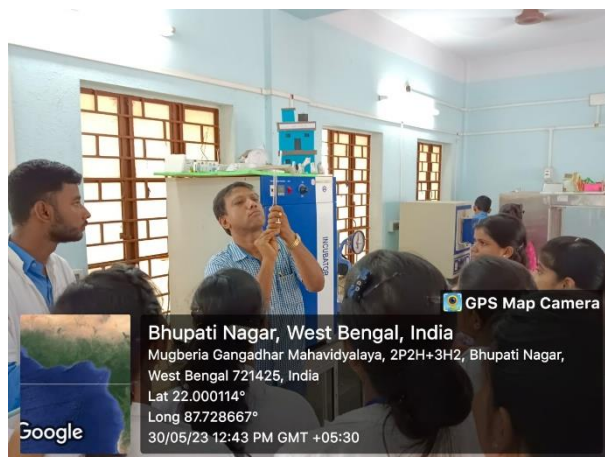
Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

## Some photos of student exchange program



Demonstration of cream separation process by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Estimation of microbial count of food sample by Sucheta Sahoo and Sruti Mandal, Assistant Professor, Dept. of Nutrition



Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Arnab Jana, B.Voc 2<sup>nd</sup> sem student, Dept. of Nutrition, under guidance of Dr. Apurba Giri



Hemoglobin testing, Blood group determination by Anuja Guria, Nutrition hon. 6<sup>th</sup> sem student, Dept. of Nutrition

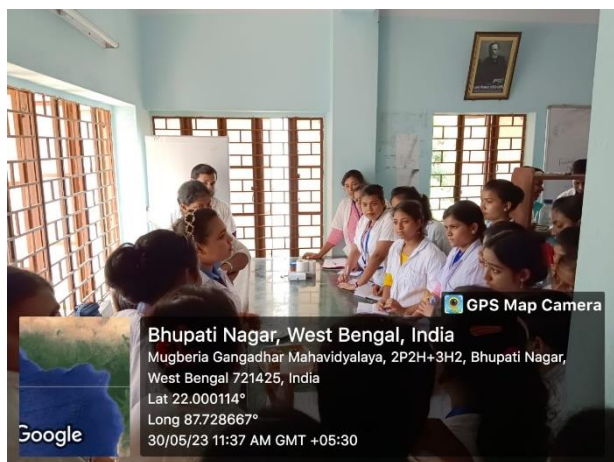




Practical experienced of milk testing performed by visited students, guided by Dr. Apurba Giri, Assistant Professor and head, Dept. of Nutrition



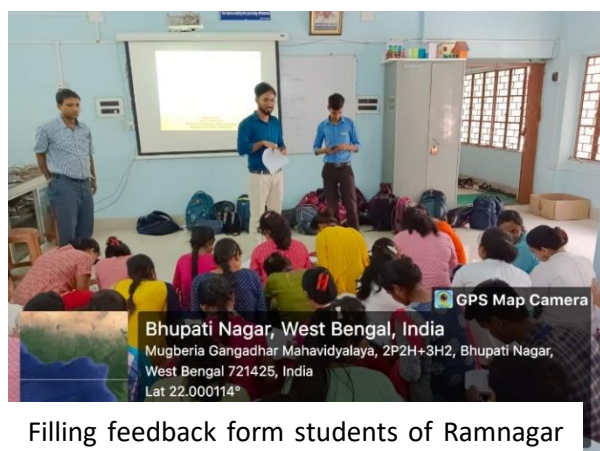
Determination of Laminar air flow chamber by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Determination of sensory evaluation of a food product (9 point hedonic scale) by Poushali Chowdhury, M.Voc 4<sup>th</sup> sem student and Monalisa Roy, Assistant Professor, Dept. of Nutrition



Career counseling program speech by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Filling feedback form students of Ramnagar College



Group photo of visited students (Ramnagar College) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



## 4. Attendance of participated students

Sl. No	Name	WhatsApp no	Email ID	Guardians Name and Contact no	Address	Sign
1	Nandha Sahoo	8327624016	nandha.sahoo.05@gmail.com	Ratan Sahoo 77552225	Bapsolemanpur, Dist. Purnia, Medinipur, pin-721441	N. Sahoo
2	Pooja Jena	8016526208	Jonapooja.634@gmail.com	Himanshu Jena 8203010466	Vill-Kalpanpur, P.O. Kalpanpur, Dist. Purnia, Medinipur, pin-721447	P. Jena
3	Prayasi Patra	9007979807	PrayasiPatra@gmail.com	Pranendra Patra 9162750527	Vill-Nagua, P.O. Nagua, Dist. Purnia, Medinipur, pin-721447	P. Patra
4	Sanchita Goud	9749608792	Sanchitagoud66@gmail.com	Sanjay Goud 920034728	Vill-Post-Depal, Dist. Purnia, Medinipur, pin-721453	S. Goud
5	Sansar Pahari	9882447550	SansarPahari295@gmail.com	Rajinikanth Pahari 9775043165	Vill-3000 Disha, P.O. Pura, Medinipur, Dist. Purnia, pin-721453	S. Pahari
6	Abhishek Mandal	6296841574	abhishekmandal20@gmail.com	Poornima Mandal 7432939340	Vill-Bagladari, P.O. Durmukh, Dist. Purnia, Medinipur, pin-721401	A. Mandal
7	Amrita Jena	9635068207	Jonamamrita288@gmail.com	Amrita Jena 9635068207	Vill-Anand, P.O. Anand, Dist. Purnia, Medinipur, pin-721440	A. Jena
8	Sarasi Chakrabarti	9641643375	chakrabartisarasi@gmail.com	Asit Chakrabarti 9733782592	Vill-Bagpur, P.O. Balisai, Dist. Purnia, Medinipur, pin-721423	S. Chakrabarti
9	Anindita Sinha	8170916803	anindita.sinha.67@gmail.com	Alok Sinha 9883698322	Vill-Kachikri, P.O. Kachikri, Dist. Purnia, Medinipur, pin-721448	A. Sinha

Sl. No	Name	WhatsApp no	Email ID	Guardians Name and Contact no	Address	Sign
10	Sudipta Roy	731939476	sn64058@gmail.com	Japan Roy 739733373	Purba Purnasolapur, Dist. Purnia, Medinipur, pin-721455	S. Roy
11	Supriya Gini	9123080795	giniisupriya59@gmail.com	Sukendu Gini 9903176566	Ganeswarapur, Maheshpur, Purnia, Medinipur, pin-721452	Supriya Gini
12	Shilpa Das	7908352885	shilpadasitu@gmail.com	Sitanjshu Das 9932452259	Vill-P.O.P.S. Ramnagar, Dist. Purnia, Medinipur, pin-721441	S. Das
13	Sibani Bera	6294341227	Sibaninutrition@gmail.com	Sikuman Bera 8348521577	Vill-Debidanpur, P.O. Manikabera, Dist. Purnia, Medinipur, pin-721453	S. Bera
14	Moumita Maishal	9339057409	moumita.maishal@gmail.com	Nandagopal Maishal 842668371	Vill-West-Karangi, P.O. Karangi, Dist. Purnia, Medinipur, pin-721423	M. Maishal
15	Chandana Khatri	6297124652	chandana.khatri72@gmail.com	Amul Khatri 9732618868	Vill-Balabhar, P.O. Sadikhat, Dist. Purnia, Medinipur, pin-721446	C. Khatri
16	Nayna Gini	954298399	naynagini30@gmail.com	Nikhilash Gini 9733058542	Vill-Mathabpur, P.O. Purnia, Dist. Purnia, Medinipur, pin-721453	N. Gini
17	Anita Mandal	7407131273	anitamandal689@gmail.com	Jaydeb Mandal 9647885890	Vill-Hatia, P.O. Hatia Patra, Dist. Purnia, Medinipur, pin-721441	A. Mandal
18	Nandita Rout	9547296345	19no6@gmail.com	Upazara Rout 980872040	Vill-Koushikpur, P.O. Chaulkela, Dist. Purnia, Medinipur, pin-721455	N. Rout



Sl. No.	Name	Whatsapp no	Email ID	Guardian's name and contact no	Address	Sign
17.	Sephali Maity	9517290897	sephali.20026@gmail.com	Sunosh Maity 9789959167	vill-Danda Belhani, P.O-Sisusadan P.S-Ramnagar, Dist- Purba Medinipur, Pin- 721433	S. Maity
20.	Somashree Gini	8391953017	chopal83@gmail.com	Chopal Kumar Gini 933820362	Vill- Dandabehani, P.O-Sisusadan P.S-Ramnagar, Dist- Purba Medinipur, Pin-721433	S. Gini
21.	Pranab Ghosh	9295325969	pranabghosh2002@gmail.com	Pranab Ghosh 9597629295	vill- Dandabehani, P.O-Manikabhan P.S-Ipara, Dist- Purba Medinipur Pin- 721453	A. Ghosh
22.	Madhusina Das	7008976696	madhusinadast@gmail.com	Maniganta Kumar Das 9732636309	vill- Dandabehani, P.O-Sisusadan P.S-Ramnagar, Dist- Purba Medinipur Pin- 721433	M. Das
23.	Anita Bej	9389108644	bejanita.0@gmail.com	Ashok Bej 9389108644	vill- Bhanubhanga P.O-14th Gobindapur, P.S-Ramnagar Dist- Purba Medinipur Pin- 721453	A. Bej
24.	Manasi phadhan	9888668890	mp.9405410@gmail.com	Manas phadhan 8159833984	vill- Kandakapur P.O-Chaulhola, P.S-Ramnagar Dist- Purba Medinipur Pin- 721455	M. phadhan
25.	Rachayata Bar	9339283019	rachayateb@gmail.com	Rachay Bar 9501553386	vill + P.O - Kalkadevichak P.S-Kheturi, Dist- Purba Medinipur, Pin- 721431	R. Bar
26.	Monika Pachal	8635310368	monikapchal@gmail.com	Jaydev Pachal 9933359625	Vill-Bansalamangar P.O-Ramnagar P.S-Ramnagar Dist- Purba Medinipur Pin- 721441	M. Pachal
27.	Ankita Das	8649830862	ankitadas7802@gmail.com	Anup Das 9654744941	Vill+P.O-Karajia P.S-Ramnagar Dist- Purba Medinipur Pin- 721423	A. Das

Sl. No.	Name	Whatsapp no	Email ID	Guardian's name and contact no	Address	Sign
28.	Subhadra Das Ashikara	9641913702	SubhadraDasAshikara@gmail.com	Purnachandra Das Ashikara 9284000572	vill + P.O - Maitrapur P.S - Alankandura P.S - Durga Mohana Pin - 721441	S. Das
29.	Babsha Jana	9883320966	babsha.jana.2020@gmail.com	Pradyot Bhaumik 9609126219	vill + P.O - Bhatra P.S - Ramnagar, Dist- Purba Medinipur, Pin- 721433	B. Jana
30.	Rumpa Jana	9749304327	rumpajana670@gmail.com	Sukumar Jana 9564213073	vill + P.O - Shyampur P.S - Ramnagar, Dist- Purba Medinipur, Pin- 721433	R. Jana
31.	Sankani Patra	7478968582	Sankanipta@gmail.com	Ashok Patra 9731513710	vill - chakghuli Post - Purba Mahabpur P.S - Ramnagar, Pin- 721433	S. Patra
32.						
33.	Teacher Sulika Kar	9599927944	SulikaKar99@gmail.com		Ramnagar College	S. Kar
34.						
35.						
36.						

## 5. Feedback form

### Feedback Form

Student exchange program of NAAC (3.5.1)  
One day Lab Visit to Nutrition Dept., Mugberia Gangadhar Mahavidyalaya

Full Name Sarasi Chakrabarti Mobile number 9641643375

College Name:

Ramnagar College

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐

Semester: 6th

D. What is your review on the session held on career counseling?

Very helpful.

E. Give some suggestions to improve the visit experience:

No

A. Please answer all questions by circling one out of numbers 1 -5 against each statement.

The number 1 - 5 correspond to the statement:

5 - Strongly agree

4 - Agree

3 - Neither agree nor disagree

2 - Disagree

1 - Strongly disagree

I	The program was timely.	1	2	3	4	5
II	The program was well organized	1	2	3	4	5
III	The program was useful to strengthen practical knowledge	1	2	3	4	5
IV	Experienced some new practical	1	2	3	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5
VII	Atmosphere of the Lab	1	2	3	4	5
VIII	Atmosphere of the Department	1	2	3	4	5
IX	Atmosphere of the college	1	2	3	4	5
X	I recommend this program to be continued.	1	2	3	4	5

B. How do you evaluate your overall Visit?

☒ Very good ☐ Good ☐ Satisfactory ☐ Poor ☐ Very poor

C. State two important experiences that had been gained from the lab visit:

The lab's atmosphere is very good.

Sarasi Chakrabarti.



## 6. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (Gol)]

(Affiliated to Vidyasagar University)  
Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,  
West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

Dated:30.05.2023

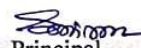
From :The Principal/Secretary  
Mugberia GangadharMahavidyalaya

### TO WHOM IT MAY CONCERN

It is certified that as per MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Ramnagar College dated 12.03.2023, and invitation mail dated 27.05.2023 following thirty one 6th Sem. students of Nutrition (Hons) and Professor Siuli Kar of Dept of Nutrition, Ramanagar College, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAAC(3.5.1) on 30<sup>th</sup> May, 2023 at 10:00 am to 3 pm.

I wish all the success of their future career.

Sl No.	Name	Sl No.	Name	Sl No.	Name
1	Nandita Sahoo	11	SupriyaGiri	21	Aparna Ghora
2	Payel Jana	12	Shilpa Das	22	Madhurima Das
3	Preyasi Patra	13	SibaniBera	23	Anita Bej
4	SanchitaGiri	14	MoumitaMaishal	24	Manasi Pradhan
5	Sanjoy Pahari	15	Chandana Khatua	25	Rachayita Bar
6	Abhijit Mandal	16	NaynaGiri	26	ManikaPachal
7	Ananda Jana	17	Anita Mandal	27	Ankita Das
8	Sarasi Chakrabarti	18	Nandita Rout	28	Subhadeep Das Adhikari
9	Anindita Sinha	19	SephaliMaity	29	Barsha Jana
10	Sudipta Roy	20	SomashreeGiri	30	Rumpa Jana
				31	Sankari Patra

  
Principal 30.05.2023

Mugberia Ganagadhar Mahavidyalaya

Principal  
Mugberia Gangadhar Mahavidyalaya



**MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

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E-mail : mugberia\_college@rediffmail.com // [www.mugberiagangadharMahavidyalaya.ac.in](http://www.mugberiagangadharMahavidyalaya.ac.in)

---

Report on

# **Student Exchange Program**

*Between*

**Vivekananda Mission Mahavidyalaya**

**&**

**Mugberia Gangadhar Mahavidyalaya**

**Venue- Dept. of Nutrition, Mugberia Gangadhar  
Mahavidyalaya**

**Date-22.06.2023**

**Organized by**

**Dept. of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

---

Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,  
Mugberia Gangadhar Mahavidyalaya

**Student Exchange Program** are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.



## Student Exchange Program

Guest- Vivekananda Mission Mahavidyalaya (No. of students participants – 11)  
Host- Mugberia Gangadhar Mahavidyalaya

### 1. MOU between Mugberia Gangadhar Mahavidyalaya and Vivekananda Mission Mahavidyalaya



पश्चिम बंगाल WEST BENGAL

AK 452795

#### MEMORANDUM OF UNDERSTANDING

The Memorandum of Understanding (MOU) made at Mugberia, Purba Medinipur on the 27<sup>th</sup> day of May, year 2023, between Mugberia Gangadhar Mahavidyalaya of Blupatinagar, Purba Medinipur, Pin-721425 W.B. here after referred to as 'The College' and the Academic Partner Vivekananda Mission Mahavidyalaya, Vivekanagar, Chaitanyapur, Purba Medinipur, Pin 721645, West Bengal here after referred to as 'Academic Partner' in regard to conducting Teachers exchange, Academic exchange, students exchange, visit of laboratory, use of Laboratory facilities, sports facilities for better exposure of both the teachers and the students in between two colleges. Besides these, various programmes like IQAC, NAAC accreditation, IIC, NQTE, NIRF and other academic programmes so on and so forth will also carry out by both the institutes in both the colleges under this MOU. The Academic Partner and the college both shall avail the Class rooms, Laboratories and other facilities of both the Colleges for conducting the above programme which is herewith signed and sealed.

#### The terms and conditions for the same as agreed upon is as follows.

- Both the colleges shall take the responsibility for conducting the above mentioned programmes at their campus. Both the colleges shall provide the entire necessary infrastructure viz. class rooms, computer laboratories, high speed internet connection/wi-fi and necessary furniture, proper seating arrangements, electricity along with generator facility and other students' amenities as required for the smooth conducting of the programmes.

Contd. ....P/2



Page:2

- The college and academic partner shall be responsible for conducting the programmes till the end of the aforesaid programmes in scheduled time in a proper manner and in no manner left incomplete or harm the interest of the students and institute.
- Both the colleges will provide the details programme structure along with design, content, title of the programme, number of participants, number of speakers etc as per the requirement before the commencement of the scheduled dates.
- Both the colleges will help each other in every aspects of the academic fraternity
- Both the college shall pay all the necessary payments for its service rendered for conducting of the above mentioned programmes
- The agreement shall commence with effect from 27.05.2023 and will be valid up to 26.05.28 or five years
- The Memorandum of Understanding (MOU) shall be executed in duplicate, The College shall retain the original and Academic Partner, the duplicate.

IN WITNESS WHEREOF the parties hereto have affixed their signatures on the day, month and year first above written in the presence of:

Signature of Witness:

A. Apurba Ghosh 27.05.2023

B. Santanu Ban 27/5/23

Signature of the Principal  
Mugberia Gangadhar Mahavidyalaya  
Principal  
Mugberia Gangadhar Mahavidyalaya  
27-05-23  
Signature of the Principal/TIC  
Vivekananda Mission Mahavidyalaya  
Principal  
Vivekananda Mission Mahavidyalaya  
P.O. Chaitanyapur, Purba Medinipur, W.B.



### 2. Invitation to Vivekananda Mission Mahavidyalaya to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya

8/4/23, 3:59 PM

rediff.com

Rediffmail

Proposal for one day lab visit

Advanced +

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Junk

Sent

Trash

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Calendar

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Feedback

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Move mail

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Spam

Proposal for one day lab visit with demonstration of some practical and career counseling programme under student exchange program of NAAC (3.5.1)

From: Swapna Mishra <mugberia\_college@rediffmail.com> on Mon, 19 Jun 2023 16:01:57

To: 1 recipient | See Details

1 attachment

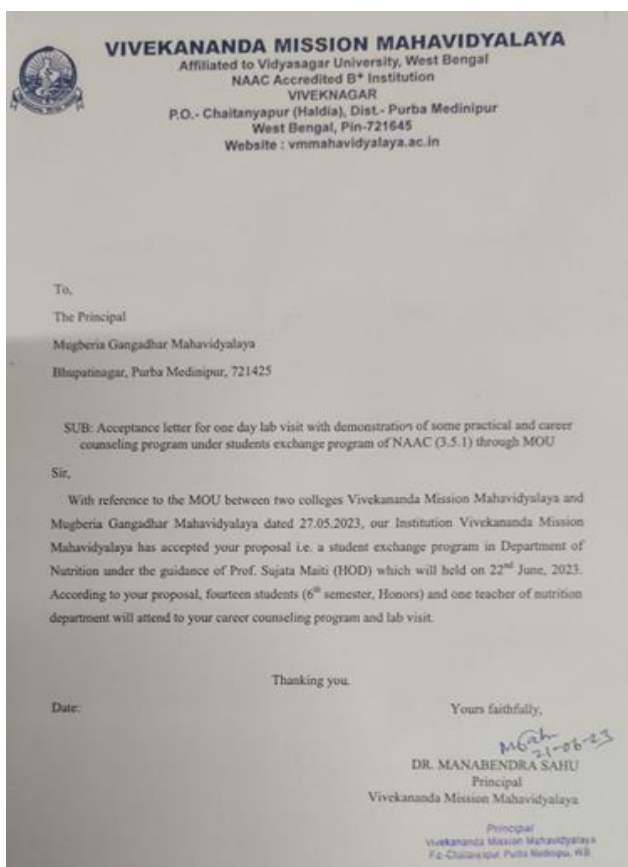
Vivekananda\_ College.pdf

336.55 KB

Sir,

With reference to the MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Vivekananda Mission Mahavidyalaya dated 27.05.2023 Institution Mugberia Gangadhar Mahavidyalaya would like to propose a student exchange program in Dept. of Nutrition under the guidance of Dr. Apurba C. Professor & Head, Dept. of Nutrition on 22nd June, 2023 at 10:00 am. We are cordially inviting 6<sup>th</sup> Sem. students of Nutrition (Honours) and one Faculty from the same Department of your college for the one day lab visit with demonstration of some practical under student exchange program of NAAC (3.5.1). In it students will experience with few practical from the domains of Nutrition, Physiology, Microbiology and Food Technology. Besides a career counseling program arranged for the benefit of the final year students. Consent from you in this regard is expected at the earliest.

Thanking You



List of Students name		List of Teacher Name	
UG (Nutrition Honors) 6 <sup>th</sup> semester- 2023			
Sl no	Students name	Sl no	Teacher name
1.	Dibyendu Naiya	1	Prof. Krishnendu Guyen
2.	Sangita Nayek		
3.	Swapna Das		
4.	Ananya Adak		
5.	Rohit Ghosh		
6.	Krishna Das		
7.	Preeti Acharjya		
8.	Indrani Samanta		
9.	Anindita Maity		
10.	Suchitra Samanta		
11.	Pri Maity		
12.	Anuja Sahu		
13.	Puspo Ghorai		
14.	Roumya Jana		

Principal  
 Vivekananda Mission Mahavidyalaya  
 P.O.-Chaitanyapur, Purba Medinipur, WB

### 3. Program on the day

#### A. Department visit

#### B. Welcome Address by Principal

#### C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

#### D. Career counseling program

Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)



## Some photos of student exchange program



Welcome speech by Dr. Swapan Kumar Misra, Principal of Muberia Gangadhar Mahavidyalaya



Demonstration of penetrometer by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Demonstration of spectrophotometer by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Estimation of microbial count of food sample by Sucheta Sahoo and Sruti Mandal, Assistant Professor, Dept. of Nutrition





Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Demonstration of Ash test by Khokan Chandra Gayen, Assistant Professor, Dept. of Nutrition



Hemoglobin testing, Blood group determination by Anuja Guria, Nutrition hon. 6<sup>th</sup> sem student, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Determination of cream separation process by Subrata Ghosh, M.Voc 2<sup>nd</sup> sem student, Dept. of Nutrition



Group photo of visited students (Vivekananda Mission Mahavidyalaya) and 12 Assistant Professors, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya

## 4. Attendance of participated students

SL.No.	Name	WhatsApp no.	Email ID	Guardian's name and Contact no.	Address	Signature
1.	Dibyendu Nayak	7848993337	dibya50@gmail.com	Sanku Nayak	Baguri, Bhubaneswar, Odisha 751009	Dibyendu Nayak
2.	Rounya Kanti Jena	8445134272	rounyakanti@gmail.com	7872993337	Sadhan Ch. Jena	Geondab, Hatdia, Purbamedinipur
3.	Krishna Das	7878113735	krishna2492002@gmail.com	9046782046	Tanapada Das	Parada, Subahata, Purbamedinipur
4.	Puspa Ghoshal	8382549511	puspoghoshal909@gmail.com	9002712305	Dwaribesia, Subahata, Purbamedinipur	Puspa Ghoshal
5.	Piyu Maiti	8348987743	50mu74960@gmail.com	4457856363	Gopalchak, Mahishadal, Purbamedinipur	Piyu Maiti
6.	Indrani Samanta	7584963893	basanehak@gmail.com		Uttam Kumar Samanta, Basanehak, Bhabanipur, Purbamedinipur	Indrani Samanta
7.	Anindita Maiti	8315710987	aninditamaiti195@gmail.com		Sital Maiti, Dhulia Puh, Purbamedinipur	Anindita Maiti
8.	Breeti Acharya	7047603079	pradiacharya@gmail.com		Tapas Acharya, Akubpur, Hatdia, Purbamedinipur	Breeti Acharya
9.	Anuja Sahu	8361673659	836anujasahu@gmail.com		Anuja Sahu, Phoolbagan, Kolkata	Anuja Sahu
10.	Ananya Adak	8695115228	adakananya2002@gmail.com	912801805	Tarun Kumar Adak, Karkdaip, South 24 Pgs	Ananya Adak
11.	Suchitra Samanta	9577287266	@samantasuchitra87@gmail.com		Basanehak, Bhabanipur, Purbamedinipur	Suchitra Samanta

Head of Institution  
Date: 22.06.2023

Head of Nutrition  
Dept. of Nutrition  
Mughera Gangadhar Mahavidyalaya

Principal  
Date: 22.06.2023  
Mughera Gangadhar Mahavidyalaya

## 5. Feedback form

Date: 22.06.2023

**Feedback Form**  
Student exchange program of NAAC (3.5.1)  
One day Lab Visit to Nutrition Dept., Mughera Gangadhar Mahavidyalaya

Full Name: Anuja Sahu Mobile number: 8361673659

College Name: Vivekananda Mission Mahavidyalaya

Programme Name: B.Sc (NUTH) ☒ B.Voc (FP) ☐ Others ☐

Semester: 5<sup>th</sup>

A. Please answer all questions by circling one out of numbers 1-5 against each statement.

The number 1 - 5 correspond to the statement:  
5 - Strongly agree  
4 - Agree  
3 - Neither agree nor disagree  
2 - Disagree  
1 - Strongly disagree

I The program was timely.	1	2	3	4	5
II The program was well organized	1	2	3	4	5
III The program was useful to strengthen practical knowledge	1	2	3	4	5
IV Experienced some new practical	1	2	3	4	5
V Demonstration of the instruments were easy to understand	1	2	3	4	5
VI Teachers explained the practical in very lucid language.	1	2	3	4	5
VII Atmosphere of the Lab	1	2	3	4	5
VIII Atmosphere of the Department	1	2	3	4	5
IX Atmosphere of the college	1	2	3	4	5
X I recommend this program to be continued.	1	2	3	4	5

B. How do you evaluate your overall Visit?

☐ Very good ☒ Good ☐ Satisfactory ☐ Poor ☐ Very poor

C. State two important experiences that had been gained from the lab visit:

Sensory evaluation, RSS

D. What is your review on the session held on career counseling?

very good

E. Give some suggestions to improve the visit experience:

No suggestion because visit experience was so effective and good environment.

Anuja Sahu



## 6. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);  
Star College, DBT (GoI)]

(Affiliated to Vidyasagar University)

Vit+PO-Bhupatinagar, Dist.- PurbaMedinipur,

West Bengal, Pin-721425, Phone: 03220-270236;

e-mau: mugberia\_college@mail.vidyasagar.ac.in; mugberia\_college@rediffmail.com

From :The Principal/Secretary  
Mugberia GangadharMahavidyalaya

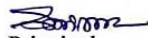
Dated:22.06.2023

### TO WHOM IT MAY CONCERN

It is certified that as per MOU between two colleges Mugberia Gangadhar Mahavidyalaya and Vivekananda Mission Mahavidyalaya dated 27.05.2023, and invitation mail dated 19.06.2023 following eleven6th Sem. students of Nutrition (Hons) and Prof.KrishnenduGayen of Dept of Nutrition, Vivekananda Mission Mahavidyalaya, attended one day lab visit with demonstration of some practical and career counseling programmein Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. ApurbaGiri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAAC on 22nd June , 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

Sl No.	Name	Sl No.	Name
1.	DibyenduNaiya	7.	Suchitra Samanta
2.	Ananya Adak	8.	PiyuMaity
3.	Krishna Das	9.	AnujaSahu
4.	PreetiAcharjya	10.	PuspaGhorai
5.	IndraniSamanta	11.	RoumyaKanti Jana
6.	AninditaMaiti		

 22.06.2023  
Principal

Mugberia Ganagadhar Mahavidyalaya

Principal  
Mugberia Gangadhar Mahavidyalaya